

Hypothyroidism (Underactive Thyroid)

FOR SELF-TESTING USE

Tired? Always cold? Test your TSH hormone levels.

The thyroid gland is a small, butterfly-shaped organ in the front of your neck. Thyroid-stimulating hormone (TSH) activates the thyroid gland to produce the thyroid hormones, thyroxine, and triiodothyronine. These are essential for maintaining your body's metabolism.

An underactive thyroid gland (hypothyroidism) is a common condition where your thyroid gland does not produce enough hormones in response to TSH, causing TSH levels to rise. Common symptoms include feeling tired, depressed, or cold regularly, weight gain, dry skin, brittle hair, and menstrual cycle irregularities in women.

Testing of TSH levels in the blood is the best initial test for hypothyroidism. A TSH level over 5µIU/mL indicates an underactive thyroid, which requires treatment at your healthcare provider.





User friendly design



Easy-to-Read Results



Simple Finger **Prick Test**



Detects TSH level (normal range 5µIU/mL)

1 Buffer

Specification

Intended Use

Chromatographic immunoassay for qualitative detection of TSH in human serum

Storage

2-30°C

Specimen Type

Whole Blood

Time to Result Shelf Life

Sensitivity

Accuracy Specificity

10 minutes 2 years

98.1% 982%

98.2 %

Components

- 1 Test Cassette
- 11 ancet
- 1 Alcohol Pad · 1 Capillary Dropper · 1 test per pack
- · 1 Package Insert

Procedure



I. Pull off and dispose cap of lancet



V. Put capillary dropper in contact with blood and draw the blood to fill line



II. Clean fingertip with alcohol pad



VI. Put the collected blood into the sample well



III. Press the lancet against the fingertip



VII. Add 2 drop of the buffer



IV. Massage the pricked fingertip to obtain blood drop



VIII. Wait for the coloured line and read results at 10

Interpretation



NORMAL

Two distinct coloured lines appear Both T & C. Your TSH levels are normal.



ABNORMAL

One line appears in C region. Your TSH levels are high.



The Control line fails to appear. Repeat the test.