

LABEL SIZE: 145 x 55mm  
 Leaflet size: 631 x 55mm (108 106 105 104 104 104)

# ACIDEX ADVANCE ORAL SUSPENSION



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## PACKAGE LEAFLET: INFORMATION FOR THE USER

**Acidex Advance Oral Suspension**  
 sodium alginate 1000 mg/10 ml,  
 potassium hydrogen carbonate 200 mg/10 ml

**Read all of this leaflet carefully before you start taking this medicine.**

This medicine is available without prescription. However, you still need to use the product carefully to get the best results from it. You must contact a doctor if your symptoms worsen or do not improve after seven days.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## In this leaflet:

1. What Acidex Advance is and what it is used for
2. Before you take Acidex Advance
3. How to take Acidex Advance
4. Possible side effects
5. How to store Acidex Advance
6. Further information

**1. WHAT ACIDEX ADVANCE IS AND WHAT IT IS USED FOR**  
 Acidex Advance Oral Suspension (referred to as 'Acidex Advance' throughout this leaflet) belongs to a group of medicines called 'reflux suppressants'. Reflux is when the acid stomach contents flow back up the gullet (oesophagus) and this can cause pain and discomfort known as heartburn or acid indigestion. This medicine contains the active ingredients sodium alginate and potassium hydrogen

carbonate which together form a protective layer at the top of your stomach to stop reflux from happening by keeping the stomach contents away from the lining of the food pipe to relieve the symptoms of heartburn and acid indigestion. It can therefore be taken to prevent and relieve the symptoms of acid reflux, including during pregnancy and relieve the symptoms of conditions such as hiatus hernia (protrusion of muscle through a muscle wall), reflux oesophagitis (inflamed foodpipe) and symptoms of hoarseness and other voice disorders, sore throat and cough associated with reflux. It can also be taken to control heartburn symptoms which may occur when taking, or following withdrawal of medication to reduce stomach acid such as Proton Pump Inhibitors (PPIs) or H2 Antagonists.

**2. BEFORE YOU TAKE ACIDEX ADVANCE**  
**Do not take Acidex advance if you:**

- are allergic (hypersensitive) to any of the ingredients in this medicine, including the esters of hydroxybenzoates (parabens) (see Section 6 and end of Section 2)

## Take special care with Acidex Advance

You must tell your doctor or pharmacist and take special care if you are:

- on a sodium restricted diet, taking drugs which can increase potassium levels, or suffer from too much calcium in the blood (see end of section 2)
- treating children younger than 12 years of age, as this is not generally recommended, except on medical advice

If symptoms persist for more than 7 days contact your doctor or pharmacist.

## Taking this medicine with food and drink

This medicine should be taken after meals and at bedtime.

## Pregnancy and breast-feeding

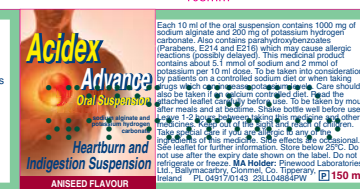
This medicine can be used during pregnancy and breast-feeding, however it is recommended to limit the treatment duration as much as possible.

## Driving and using machines

There are no known effects of this medicine on ability to drive or operate machinery.

## Important information about some of the ingredients of Acidex Advance

This medicine also contains:



Each 10 ml of the oral suspension contains 1000 mg of sodium alginate and 200 mg of potassium hydrogen carbonate. Also contains parahydroxybenzoates (Parabens, E214 and E216) which may cause allergic reactions (possibly delayed). This medicinal product contains about 5.1 mmol of sodium and 2 mmol of potassium per 10 ml dose. To be taken into consideration by patients on a controlled sodium diet or when taking drugs which can increase potassium levels. Care should also be taken if you are allergic to any of the ingredients of this medicine. Side effects are occasional. See leaflet for further information. Store below 25°C. Do not use after the expiry date shown on the label. Do not refrigerate or freeze. **MA Holder:** Pinewood Laboratories Ltd., Ballymacarthy, Clonmel, Co. Tipperary, Ireland. PL 0497170143 23LL4884PW **[P] 150 ml**

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- **Parahydroxybenzoates:** may cause allergic reactions, possibly delayed
- **Sodium:** Each 10 ml dose of this medicine contains about 5.1 mmol of sodium and therefore care should be exercised in patients on a sodium restricted diet.
- **Potassium:** Each 10 ml dose of this medicine contains about 2 mmol of potassium and therefore care should be taken when taking drugs which can increase potassium levels.

**3. HOW TO TAKE ACIDEX ADVANCE**  
 To be taken by mouth, after meals and at bedtime. Shake bottle well before use. Leave 1-2 hours between taking this medicine and other medicines. If you are unsure how to use this medicine, check with your doctor or pharmacist.

Adults and children over 12 years and the Elderly:	5 – 10 ml
Children under 12 years:	only under medical supervision

## WARNING: DO NOT EXCEED THE STATED DOSE

If you take more of this medicine than you should  
 Overdose is very unlikely but if it occurs it may cause bloating.

If you forget to take this medicine  
 If you forget to take your medicine, take it as soon as you remember. Do not take a double dose to make up for the forgotten dose.

**4. POSSIBLE SIDE EFFECTS**  
 Like all medicines, this product can cause side effects, although not everybody gets them.  
**Very rarely (less than 1 in 10,000 patients):**  
 - Patients who are sensitive to the ingredients can develop allergic reactions such as difficulty breathing, hives and swelling of the face. If this occurs you should stop taking the medicine and seek immediate medical attention.

**Reporting of side effects:**  
 If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

**5. HOW TO STORE ACIDEX ADVANCE**  
**Keep out of the sight and reach of children.**  
 Do not store above 25°C. Do not refrigerate or freeze. Do not use this product after the expiry date which is stated on the pack. The expiry date refers to the last day of that month. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

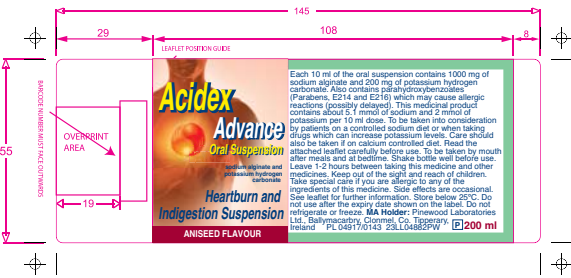
**6. FURTHER INFORMATION**  
**What Acidex Advance contains:**  
 - The active ingredients are: Sodium alginate 1000 mg/10 ml, Potassium hydrogen carbonate 200 mg/10 ml

- The other ingredients are: Calcium Carbonate, Carbomer, Sodium Hydroxide, Saccharin Sodium, Ethyl Parahydroxybenzoate (E214), Propyl Parahydroxybenzoate (E216), Butyl Parahydroxybenzoate, Isopropyl Alcohol, Star Anise Oil and Purified Water (see end of Section 2 for further information)

**What Acidex Advance looks like and contents of the pack**  
 This medicine is an aniseed flavoured white or cream coloured suspension. It comes in amber glass bottles of 150 ml, 200 ml, 250 ml, 300 ml and 500 ml with white polypropylene caps. Not all pack sizes may be marketed.

**Manufacturer/Marketing Authorisation Holder**  
 Pinewood Laboratories Limited, Ballymacarthy, Clonmel, Co. Tipperary, Ireland.  
 PL 0497170143

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## PACKAGE LEAFLET: INFORMATION FOR THE USER

### Acidex Advance Oral Suspension

sodium alginate 1000 mg/10 ml,  
 potassium hydrogen carbonate 200 mg/10 ml

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This medicine is available without prescription. However, you still need to use the product carefully to get the best results from it. You must contact a doctor if your symptoms worsen or do not improve after seven days.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## In this leaflet:

1. What Acidex Advance is and what it is used for
2. Before you take Acidex Advance
3. How to take Acidex Advance
4. Possible side effects
5. How to store Acidex Advance
6. Further information

**1. WHAT ACIDEX ADVANCE IS AND WHAT IT IS USED FOR**  
 Acidex Advance Oral Suspension (referred to as 'Acidex Advance' throughout this leaflet) belongs to a group of medicines called 'reflux suppressants'. Reflux is when the acid stomach contents flow back up the gullet (oesophagus) and this can cause pain and discomfort known as heartburn or acid indigestion. This medicine contains the active ingredients sodium alginate and potassium hydrogen

carbonate which together form a protective layer at the top of your stomach to stop reflux from happening by keeping the stomach contents away from the lining of the food pipe to relieve the symptoms of heartburn and acid indigestion. It can therefore be taken to prevent and relieve the symptoms of acid reflux, including during pregnancy and relieve the symptoms of conditions such as hiatus hernia (protrusion of muscle through a muscle wall), reflux oesophagitis (inflamed foodpipe) and symptoms of hoarseness and other voice disorders, sore throat and cough associated with reflux. It can also be taken to control heartburn symptoms which may occur when taking, or following withdrawal of medication to reduce stomach acid such as Proton Pump Inhibitors (PPIs) or H2 Antagonists.

**2. BEFORE YOU TAKE ACIDEX ADVANCE**  
 Do not take Acidex advance if you:

- are allergic (hypersensitive) to any of the ingredients in this medicine, including the esters of hydroxybenzoates (parabens) (see Section 6 and end of Section 2)

### Take special care with Acidex Advance

You must tell your doctor or pharmacist and take special care if you are:

- on a sodium restricted diet, taking drugs which can increase potassium levels, or suffer from too much calcium in the blood (see end of section 2)
- treating children younger than 12 years of age, as this is not generally recommended, except on medical advice

If symptoms persist for more than 7 days contact your doctor or pharmacist.

## Taking this medicine with food and drink

This medicine should be taken after meals and at bedtime.

### Pregnancy and breast-feeding

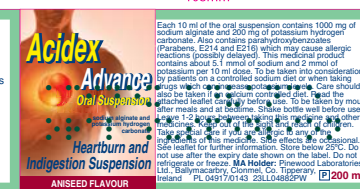
This medicine can be used during pregnancy and breast-feeding, however it is recommended to limit the treatment duration as much as possible.

### Driving and using machines

There are no known effects of this medicine on ability to drive or operate machinery.

### Important information about some of the ingredients of Acidex Advance

This medicine also contains:



Each 10 ml of the oral suspension contains 1000 mg of sodium alginate and 200 mg of potassium hydrogen carbonate. Also contains parahydroxybenzoates (Parabens, E214 and E216) which may cause allergic reactions (possibly delayed). This medicinal product contains about 5.1 mmol of sodium and 2 mmol of potassium per 10 ml dose. To be taken into consideration by patients on a controlled sodium diet or when taking drugs which can increase potassium levels. Care should also be taken if you are allergic to any of the ingredients of this medicine. Side effects are occasional. See leaflet for further information. Store below 25°C. Do not use after the expiry date shown on the label. Do not refrigerate or freeze. **MA Holder:** Pinewood Laboratories Ltd., Ballymacarthy, Clonmel, Co. Tipperary, Ireland. PL 0497170143 23LL04882PW [P]200 ml

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- **Parahydroxybenzoates:** may cause allergic reactions, possibly delayed
- **Sodium:** Each 10 ml dose of this medicine contains about 5.1 mmol of sodium and therefore care should be exercised in patients on a sodium restricted diet.
- **Potassium:** Each 10 ml dose of this medicine contains about 2 mmol of potassium and therefore care should be taken when taking drugs which can increase potassium levels.

**3. HOW TO TAKE ACIDEX ADVANCE**  
 To be taken by mouth, after meals and at bedtime. Shake bottle well before use. Leave 1-2 hours between taking this medicine and other medicines. If you are unsure how to use this medicine, check with your doctor or pharmacist.

Adults and children over 12 years and the Elderly:	5 – 10 ml
Children under 12 years:	only under medical supervision

### WARNING: DO NOT EXCEED THE STATED DOSE

If you take more of this medicine than you should  
 Overdose is very unlikely but if it occurs it may cause bloating.

If you forget to take this medicine  
 If you forget to take your medicine, take it as soon as you remember. Do not take a double dose to make up for the forgotten dose.

**4. POSSIBLE SIDE EFFECTS**  
 Like all medicines, this product can cause side effects, although not everybody gets them.  
**Very rarely (less than 1 in 10,000 patients):**  
 - Patients who are sensitive to the ingredients can develop allergic reactions such as difficulty breathing, hives and swelling of the face. If this occurs you should stop taking the medicine and seek immediate medical attention.

**Reporting of side effects:**  
 If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

**5. HOW TO STORE ACIDEX ADVANCE**  
 Like all medicines, this product can cause side effects, although not everybody gets them.  
 Do not store above 25°C. Do not refrigerate or freeze.  
 Do not use this product after the expiry date which is stated on the pack. The expiry date refers to the last day of that month.  
 Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

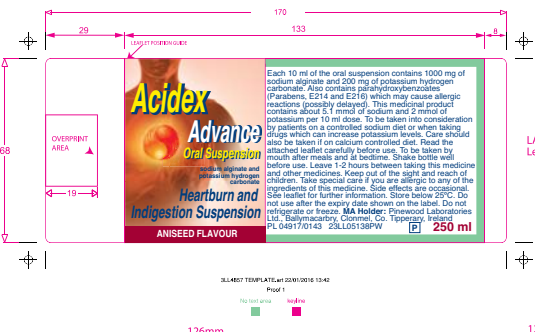
**6. FURTHER INFORMATION**  
**What Acidex Advance contains:**  
 - The active ingredients are: Sodium alginate 1000 mg/10 ml, Potassium hydrogen carbonate 200 mg/10 ml

- The other ingredients are: Calcium Carbonate, Carbomer, Sodium Hydroxide, Saccharin Sodium, Ethyl Parahydroxybenzoate (E214), Propyl Parahydroxybenzoate (E216), Butyl Parahydroxybenzoate, Isopropyl Alcohol, Star Anise Oil and Purified Water (see end of Section 2 for further information)

**What Acidex Advance looks like and contents of the pack**  
 This medicine is an aniseed flavoured white or cream coloured suspension.  
 It comes in amber glass bottles of 150 ml, 200 ml, 250 ml, 300 ml and 500 ml with white polypropylene caps. Not all pack sizes may be marketed.

**Manufacturer/Marketing Authorisation Holder**  
 Pinewood Laboratories Limited, Ballymacarthy, Clonmel, Co. Tipperary, Ireland.  
 PL 0497170143

This leaflet was last updated in October 2016



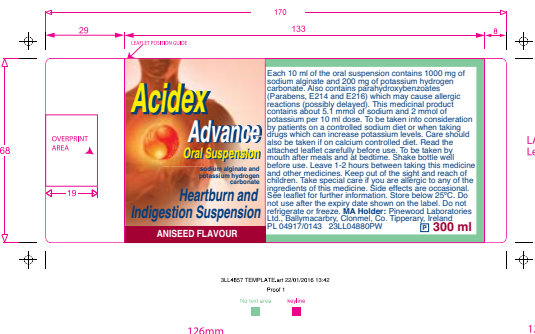
Label size: 170 x 68mm  
Leaflet size: 775 x 688mm (133 131 131 128 126 126)

# ACIDEX ADVANCE ORAL SUSPENSION



<p><b>PACKAGE LEAFLET: INFORMATION FOR THE USER</b></p> <p><b>Acidex Advance Oral Suspension</b> sodium alginate 200 mg/10 ml potassium hydrogen carbonate 200 mg/10 ml</p> <p><b>Read all of this leaflet carefully before you start taking this medicine.</b> This medicine is available without prescription. However, you still need to use the product carefully to get the best results from it. You must contact a doctor if your symptoms worsen or do not improve after seven days. - Keep this leaflet. You may need to read it again. - If you have any further questions, ask your doctor or pharmacist. - If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.</p>	<p><b>In this leaflet:</b></p> <ol style="list-style-type: none"> <li>1. What Acidex Advance is and what it is used for</li> <li>2. Before you take Acidex Advance</li> <li>3. How to take Acidex Advance</li> <li>4. Possible side effects</li> <li>5. How to store Acidex Advance</li> <li>6. Further information</li> </ol> <p><b>1. WHAT ACIDEX ADVANCE IS AND WHAT IT IS USED FOR</b> Acidex Advance Oral Suspension (referred to as 'Acidex Advance' throughout this leaflet) belongs to a group of medicines called 'reflux suppressants'. Reflux is when the acid stomach contents flow back up the gullet (oesophagus) and this can cause pain and discomfort known as heartburn or acid indigestion. This medicine contains the active ingredients sodium alginate and potassium hydrogen carbonate which together form a protective layer at the top of your stomach to stop reflux from happening by</p>	<p>keeping the stomach contents away from the lining of the food pipe to relieve the symptoms of heartburn and acid indigestion. It can therefore be taken to prevent and relieve the symptoms of acid reflux, including during pregnancy and relieve the symptoms of conditions such as hiatus hernia (protrusion of muscle through a muscle wall), reflux oesophagitis (inflamed foodpipe) and symptoms of hoarseness and other voice disorders, sore throat and cough associated with reflux. It can also be taken to control heartburn symptoms which may occur when taking, or following withdrawal of medication to reduce stomach acid such as Proton Pump Inhibitors (PPIs) or H2 Antagonists.</p> <p><b>2. BEFORE YOU TAKE ACIDEX ADVANCE</b></p> <p><b>Do not take Acidex Advance if you:</b></p> <ul style="list-style-type: none"> <li>- are allergic (hypersensitive) to any of the ingredients in this medicine, including the esters of hydroxybenzoates (parabens) (see Section 6 and end of Section 2)</li> </ul>	<p><b>Take special care with Acidex Advance</b> You must tell your doctor or pharmacist and take special care if you are:</p> <ul style="list-style-type: none"> <li>- on a sodium restricted diet, taking drugs which can increase potassium levels, or suffer from too much calcium in the blood (see end of section 2)</li> <li>- treating children younger than 12 years of age, as this is not generally recommended, except on medical advice</li> </ul> <p>If symptoms persist for more than 7 days contact your doctor or pharmacist.</p> <p><b>Taking this medicine with food and drink</b> This medicine should be taken after meals and at bedtime.</p> <p><b>Pregnancy and breast-feeding</b> This medicine can be used during pregnancy and breast-feeding, however it is recommended to limit the treatment duration as much as possible.</p>	<p><b>Driving and using machines</b> There are no known effects of this medicine on ability to drive or operate machinery.</p> <p><b>Important information about some of the ingredients of Acidex Advance</b> This medicine also contains:</p> <ul style="list-style-type: none"> <li>- <b>Parahydroxybenzoates:</b> may cause allergic reactions, possibly delayed hypersensitivity reactions. Each 10 ml dose of this medicine contains about 5.1 mmol of sodium and therefore care should be exercised in patients on a sodium restricted diet.</li> <li>- <b>Potassium:</b> Each 10 ml dose of this medicine contains about 2 mmol of potassium and therefore care should be taken when taking drugs which can increase potassium levels.</li> </ul>	<p>Each 10 ml of the oral suspension contains 1000 mg of sodium alginate and 200 mg of potassium hydrogen carbonate. Also contains parahydroxybenzoates (Parabens, E214 and E216) which may cause allergic reactions (possibly delayed). This medicinal product contains about 5.1 mmol of sodium and 2 mmol of potassium per 10 ml dose. To be taken into consideration by patients on a controlled sodium diet or when taking drugs which can increase potassium levels. Care should also be taken if on calcium controlled diet or when taking drugs which can increase potassium levels. Read the attached leaflet carefully before use. To be taken by mouth after meals and at bedtime. Shake bottle well before use. Do not use after the expiry date shown on the label. Do not refrigerate or freeze. <b>MA Holder: Pinewood Laboratories Ltd, Ballymacarby, Clontarf, Co. Tipperary, Ireland. PL 04917/0143. 250 mg/10 ml</b></p>
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<p><b>3. HOW TO TAKE ACIDEX ADVANCE</b> To be taken by mouth, after meals and at bedtime. Shake bottle well before use. Leave 1-2 hours between taking this medicine and other medicines. If you are unsure how to use this medicine, check with your doctor or pharmacist.</p> <table border="1"> <tr> <td>Adults and children over 12 years and the Elderly:</td> <td>5 – 10 ml</td> </tr> <tr> <td>Children under 12 years:</td> <td>only under medical supervision</td> </tr> </table> <p><b>WARNING: DO NOT EXCEED THE STATED DOSE</b></p> <p>If you take more of this medicine than you should Overdose is very unlikely but if it occurs it may cause bloating.</p>	Adults and children over 12 years and the Elderly:	5 – 10 ml	Children under 12 years:	only under medical supervision	<p><b>If you forget to take this medicine</b> If you forget to take your medicine, take it as soon as you remember. Do not take a double dose to make up for the forgotten dose.</p> <p><b>4. POSSIBLE SIDE EFFECTS</b> Like all medicines, this product can cause side effects, although not everybody gets them.</p> <p><b>Very rarely (less than 1 in 10,000 patients):</b></p> <ul style="list-style-type: none"> <li>- Patients who are sensitive to the ingredients can develop allergic reactions such as difficulty breathing, hives and swelling of the face. If this occurs you should stop taking the medicine and seek immediate medical attention.</li> </ul>	<p><b>Reporting of side effects:</b> If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at <a href="http://www.mhra.gov.uk/yellowcard">www.mhra.gov.uk/yellowcard</a>. By reporting side effects you can help provide more information on the safety of this medicine.</p> <p><b>5. HOW TO STORE ACIDEX ADVANCE</b> <b>Keep out of the sight and reach of children.</b> Do not store above 25°C. Do not refrigerate or freeze. Do not use this product after the expiry date which is stated on the pack. The expiry date refers to the last day of that month. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.</p>	<p><b>6. FURTHER INFORMATION</b></p> <p><b>What Acidex Advance contains:</b></p> <ul style="list-style-type: none"> <li>- The active ingredients are: Sodium alginate 1000 mg/10 ml, Potassium hydrogen carbonate 200 mg/10 ml</li> <li>- The other ingredients are: Calcium Carbonate, Carbomer, Sodium Hydroxide, Saccharin Sodium, Ethyl Parahydroxybenzoate (E214), Propyl Parahydroxybenzoate (E216), Butyl Parahydroxybenzoate, Isopropyl Alcohol, Star Anise Oil and Purified Water (see end of Section 2 for further information)</li> </ul> <p><b>What Acidex Advance looks like and contents of the pack</b> This medicine is an anisised flavoured white or cream coloured suspension. It comes in amber glass bottles of 150 ml, 200 ml, 250 ml, 300 ml and 500 ml with white polypropylene caps. Not all pack sizes may be marketed.</p>	<p><b>Manufacturer/Marketing Authorisation Holder</b> Pinewood Laboratories Limited, Ballymacarby, Clontarf, Co. Tipperary, Ireland. PL 04917/0143</p> <p>This leaflet was last updated in October 2016</p>	<p>126mm</p>
Adults and children over 12 years and the Elderly:	5 – 10 ml								
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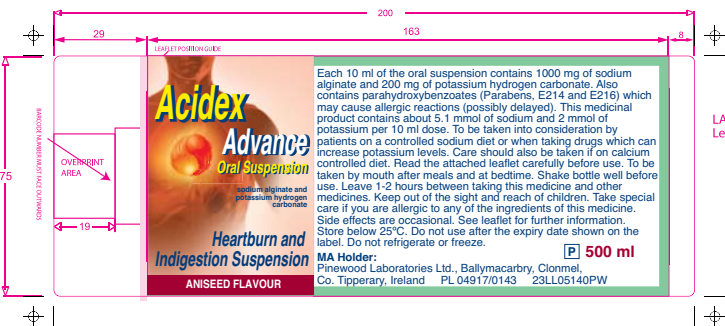
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This medicine contains about 5.1 mmol of sodium and therefore care should be exercised in patients on a sodium restricted diet.</li> <li>- <b>Potassium:</b> Each 10 ml dose of this medicine contains about 2 mmol of potassium and therefore care should be taken when taking drugs which can increase potassium levels.</li> </ul>	<p>Each 10 ml of the oral suspension contains 1000 mg of sodium alginate and 200 mg of potassium hydrogen carbonate. Also contains parahydroxybenzoates (Parabens, E214 and E216) which may cause allergic reactions (possibly delayed). This medicinal product contains about 5.1 mmol of sodium and 2 mmol of potassium per 10 ml dose. To be taken into consideration by patients on a controlled sodium diet or when taking drugs which can increase potassium levels. Care should also be taken if on calcium controlled diet. Read the attached leaflet carefully before use. To be taken by mouth after meals and at bedtime. Shake bottle well before use. Do not use after the expiry date shown on the label. Do not refrigerate or freeze. <b>MA Holder: Pinewood Laboratories Ltd, Ballymacarby, Clonmel, Co. Tipperary, Ireland. PL 04917/0143. 23LLD48RPFW. 300 ml</b></p>
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<p><b>3. HOW TO TAKE ACIDEX ADVANCE</b> To be taken by mouth, after meals and at bedtime. Shake bottle well before use. Leave 1-2 hours between taking this medicine and other medicines. If you are unsure how to use this medicine, check with your doctor or pharmacist.</p> <table border="1"> <tr> <td>Adults and children over 12 years and the Elderly:</td> <td>5 – 10 ml</td> </tr> <tr> <td>Children under 12 years:</td> <td>only under medical supervision</td> </tr> </table> <p><b>WARNING: DO NOT EXCEED THE STATED DOSE</b></p> <p>If you take more of this medicine than you should Overdose is very unlikely but if it occurs it may cause bloating.</p>	Adults and children over 12 years and the Elderly:	5 – 10 ml	Children under 12 years:	only under medical supervision	<p><b>If you forget to take this medicine</b> If you forget to take your medicine, take it as soon as you remember. Do not take a double dose to make up for the forgotten dose.</p> <p><b>4. POSSIBLE SIDE EFFECTS</b> Like all medicines, this product can cause side effects, although not everybody gets them.</p> <p><b>Very rarely (less than 1 in 10,000 patients):</b></p> <ul style="list-style-type: none"> <li>- Patients who are sensitive to the ingredients can develop allergic reactions such as difficulty breathing, hives and swelling of the face. If this occurs you should stop taking the medicine and seek immediate medical attention.</li> </ul>	<p><b>Reporting of side effects:</b> If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at <a href="http://www.mhra.gov.uk/yellowcard">www.mhra.gov.uk/yellowcard</a>. By reporting side effects you can help provide more information on the safety of this medicine.</p> <p><b>5. HOW TO STORE ACIDEX ADVANCE</b> <b>Keep out of the sight and reach of children.</b> Do not store above 25°C. Do not refrigerate or freeze. Do not use this product after the expiry date which is stated on the pack. The expiry date refers to the last day of that month. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.</p>	<p><b>6. FURTHER INFORMATION</b></p> <p><b>What Acidex Advance contains:</b></p> <ul style="list-style-type: none"> <li>- The active ingredients are: Sodium alginate 1000 mg/10 ml, Potassium hydrogen carbonate 200 mg/10 ml</li> <li>- The other ingredients are: Calcium Carbonate, Carbomer, Sodium Hydroxide, Saccharin Sodium, Ethyl Parahydroxybenzoate (E214), Propyl Parahydroxybenzoate (E216), Butyl Parahydroxybenzoate, Isopropyl Alcohol, Star Anise Oil and Purified Water (see end of Section 2 for further information)</li> </ul> <p><b>What Acidex Advance looks like and contents of the pack</b> This medicine is an anisised flavoured white or cream coloured suspension. It comes in amber glass bottles of 150 ml, 200 ml, 250 ml, 300 ml and 500 ml with white polypropylene caps. Not all pack sizes may be marketed.</p>	<p><b>Manufacturer/Marketing Authorisation Holder</b> Pinewood Laboratories Limited, Ballymacarby, Clonmel, Co. Tipperary, Ireland. PL 04917/0143</p> <p>This leaflet was last updated in October 2016</p>	<p>126mm</p>
Adults and children over 12 years and the Elderly:	5 – 10 ml								
Children under 12 years:	only under medical supervision								



LABEL SIZE: 200 x 75mm  
Leaflet size: 643 x 75mm (163 161 160 159)

# ACIDEX ADVANCE ORAL SUSPENSION



3LL4899 TEMPLATE.en 22012016 1328  
Prod 1

159mm

160mm

161mm

Top visible panel  
163mm

**PACKAGE LEAFLET: INFORMATION FOR THE USER**  
**Acidex Advance Oral Suspension**  
sodium alginate 1000 mg/10 ml, potassium hydrogen carbonate 200 mg/10 ml

**Read all of this leaflet carefully before you start taking this medicine.**  
This medicine is available without prescription. However, you still need to use the product carefully to get the best results from it. You must contact a doctor if your symptoms worsen or do not improve after seven days.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

**In this leaflet:**

1. What Acidex Advance is and what it is used for
2. Before you take Acidex Advance
3. How to take Acidex Advance

4. Possible side effects  
5. How to store Acidex Advance  
6. Further information

**1. WHAT ACIDEX ADVANCE IS AND WHAT IT IS USED FOR**  
Acidex Advance Oral Suspension (referred to as 'Acidex Advance' throughout this leaflet) belongs to a group of medicines called 'reflux suppressants'. Reflux is when the acid stomach contents flow back up the gullet (oesophagus) and this can cause pain and discomfort known as heartburn or acid indigestion. This medicine contains the active ingredients sodium alginate and potassium hydrogen carbonate which together form a protective layer at the top of your stomach to stop reflux from happening by keeping the stomach contents away from the lining of the food pipe to relieve the symptoms of heartburn and acid indigestion. It can therefore be taken to prevent and relieve the symptoms of acid reflux, including during pregnancy and relieve the symptoms of conditions such as hiatus hernia (protrusion of muscle through a muscle wall), reflux oesophagitis (inflamed foodpipe) and symptoms of hoarseness and other voice disorders, sore throat and cough associated with reflux. It can also be taken to control heartburn symptoms which may occur when taking, or following withdrawal of medication to reduce stomach acid such as Proton Pump inhibitors (PPIs) or H2 Antagonists.

**2. BEFORE YOU TAKE ACIDEX ADVANCE**  
**Do not take Acidex Advance if you:**

- are allergic (hypersensitive) to any of the ingredients in this medicine, including the esters of hydroxybenzoates (parabens) (see Section 6 and end of Section 2)

**Take special care with Acidex Advance**  
You must tell your doctor or pharmacist and take special care if you are:

- on a sodium restricted diet, taking drugs which can increase potassium levels, or suffer from too much calcium in the blood (see end of section 2)
- treating children younger than 12 years of age, as this is not generally recommended, except on medical advice

If symptoms persist for more than 7 days contact your doctor or pharmacist.

**Taking this medicine with food and drink**  
This medicine should be taken after meals and at bedtime.

**Pregnancy and breast-feeding**  
This medicine can be used during pregnancy and breast-feeding, however it is recommended to limit the treatment duration as much as possible.

Each 10 ml of the oral suspension contains 1000 mg of sodium alginate and 200 mg of potassium hydrogen carbonate. Also contains parahydroxybenzoates (Parabens, E214 and E216) which may cause allergic reactions (possibly delayed). This medicinal product contains about 5.1 mmol of sodium and 2 mmol of potassium per 10 ml dose. To be taken into consideration by patients on a controlled sodium diet or when taking drugs which can increase potassium levels. Care should also be taken if on calcium controlled diet. Read the attached leaflet carefully before use. To be taken by mouth after meals and at bedtime. Shake bottle well before use. Leave 1-2 hours between taking this medicine and other medicines. Keep out of the sight and reach of children. Take special care if you are allergic to any of the ingredients of this medicine. Side effects are occasional. See leaflet for further information. Store below 25°C. Do not use after the expiry date shown on the label. Do not refrigerate or freeze.

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**500 ml**

**Driving and using machines**  
There are no known effects of this medicine on ability to drive or operate machinery.

**Important information about some of the ingredients of Acidex Advance**  
This medicine also contains:

- **Parahydroxybenzoates:** may cause allergic reactions, possibly delayed
- **Sodium:** Each 10 ml dose of this medicine contains about 5.1 mmol of sodium and therefore care should be exercised in patients on a sodium restricted diet.
- **Potassium:** Each 10 ml dose of this medicine contains about 2 mmol of potassium and therefore care should be taken when taking drugs which can increase potassium levels.

**3. HOW TO TAKE ACIDEX ADVANCE**  
To be taken by mouth, after meals and at bedtime. Shake bottle well before use. Leave 1-2 hours between taking this medicine and other medicines. If you are unsure how to use this medicine, check with your doctor or pharmacist.

Adults and children over 12 years and the Elderly:	5 – 10 ml
Children under 12 years:	only under medical supervision

**WARNING: DO NOT EXCEED THE STATED DOSE**

**If you take more of this medicine than you should**  
Overdose is very unlikely but if it occurs it may cause bloating.

**If you forget to take this medicine**  
If you forget to take your medicine, take it as soon as you remember. **Do not** take a double dose to make up for the forgotten dose.

**4. POSSIBLE SIDE EFFECTS**  
Like all medicines, this product can cause side effects, although not everybody gets them.

**Very rarely (less than 1 in 10,000 patients):**

- Patients who are sensitive to the ingredients can develop allergic reactions such as difficulty breathing, hives and swelling of the face. If this occurs you should stop taking the medicine and seek immediate medical attention.

**Reporting of side effects:**  
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

**5. HOW TO STORE ACIDEX ADVANCE**  
**Keep out of the sight and reach of children.**  
Do not store above 25°C. Do not refrigerate or freeze.  
Do not use this product after the expiry date which is stated on the pack. The expiry date refers to the last day of that month.  
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. FURTHER INFORMATION**  
**What Acidex Advance contains:**

- The active ingredients are: Sodium alginate 1000 mg/10 ml, Potassium hydrogen carbonate 200 mg/10 ml

- The other ingredients are: Calcium Carbonate, Carbomer, Sodium Hydroxide, Saccharin Sodium, Ethyl Parahydroxybenzoate (E214), Propyl Parahydroxybenzoate (E216), Butyl Parahydroxybenzoate, Isopropyl Alcohol, Star Anise Oil and Purified Water (see end of Section 2 for further information)

**What Acidex Advance looks like and contents of the pack**  
This medicine is an aniseed flavoured white or cream coloured suspension. It comes in amber glass bottles of 150 ml, 200 ml, 250 ml, 300 ml and 500 ml with white polypropylene caps. Not all pack sizes may be marketed.

**Manufacturer/Marketing Authorisation Holder**  
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**This leaflet was last updated October 2016**