

# Actagain JUICE



## ORDER CODES

Flavour	Pip-code
Juicy Apple	417 - 6822
Zesty Orange	417 - 6830
Exotic Fruit	418 - 9106
Berry Medley	418 - 9098
Juicy Peach	426 - 0758
Starter Pack	426 - 1202

## DESCRIPTION

**Actagain Juice** is a Food for Special Medical Purposes. **Actagain Juice** is a high energy (1.5kcal/ml), ready-to-drink juice-style nutritional supplement, designed for the dietary management of patients with or at risk of disease-related malnutrition. Actagain Juice is fat free and suitable for patients on a low-fat diet.

## PRESENTATION

**Actagain Juice** is presented in 200ml TetraPaks. **Actagain Juice** is available in 5 flavours: (Juicy Apple, Zesty Orange, Exotic Fruit, Berry Medley, Juicy Peach). It is also available in a Starter Pack containing 5 x 200ml TetraPaks

## INDICATIONS FOR USE

**Actagain Juice** is ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae, and disease-related malnutrition.

## DIRECTIONS FOR USE

- Shake well before use.
- Can be served chilled but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

### IMPORTANT NOTICE

Use under medical supervision.  
For enteral use only.  
Not suitable for children under 6 years of age.  
Use with caution in children under 11 years of age.  
Not suitable for patients with Galactosaemia.

## STORAGE

Store in a cool, dry place, below 25°C

## SHELF LIFE

18 months

**Gluten free.**  
All flavours of Actagain Juice are suitable for vegetarians  
(except Juicy Peach).

## INGREDIENTS

### JUICY APPLE

Water, Glucose syrup, Sugar, Milk proteins, Calcium chloride, Magnesium citrate, Ferrous lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Potassium iodide, Sodium molybdate, Sodium selenite, Chromium chloride, Acidity regulators (Citric acid, Phosphoric acid), Flavouring, Retinol acetate, Cholecalciferol, DL-alpha tocopherol acetate, Phylloquinone, L-ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-biotin, Calcium-D-pantothenate, Choline chloride, Colours (Curcumin, Caramel)

### ZESTY ORANGE

Water, Glucose syrup, Sugar, Milk proteins, Calcium chloride, Magnesium citrate, Ferrous lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Potassium iodide, Sodium molybdate, Sodium selenite, Chromium chloride, Acidity regulators (Citric acid, Phosphoric acid), Natural flavouring, Retinol acetate, Cholecalciferol, DL-alpha tocopherol acetate, Phylloquinone, L-ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-biotin, Calcium-D-pantothenate, Choline chloride, Colour (Beta-carotene)

### EXOTIC FRUIT

Water, Glucose syrup, Sugar, Milk proteins, Calcium chloride, Magnesium citrate, Ferrous lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Potassium iodide, Sodium molybdate, Sodium selenite, Chromium chloride, Acidity regulators (Citric acid, Phosphoric acid), Flavouring, Retinol acetate, Cholecalciferol, DL-alpha tocopherol acetate, Phylloquinone, L-ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-biotin, Calcium-D-pantothenate, Choline chloride

### BERRY MEDLEY

Water, Glucose syrup, Sugar, Milk proteins, Calcium chloride, Magnesium citrate, Ferrous lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Potassium iodide, Sodium molybdate, Sodium selenite, Chromium chloride, Acidity regulators (Citric acid, Phosphoric acid), Flavouring, Retinol acetate, Cholecalciferol, DL-alpha tocopherol acetate, Phylloquinone, L-ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-biotin, Calcium-D-pantothenate, Choline chloride, Natural flavouring, Colour (Anthocyanins)

### JUICY PEACH

Water, Glucose syrup, Sugar, Milk proteins, Calcium chloride, Magnesium citrate, Ferrous lactate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Potassium iodide, Sodium molybdate, Sodium selenite, Chromium chloride, Acidity regulators (Citric acid, Phosphoric acid), Flavouring, Retinol acetate, Cholecalciferol, DL-alpha tocopherol acetate, Phylloquinone, L-ascorbic acid, Thiamine mononitrate, Riboflavin, Nicotinamide, Pyridoxine hydrochloride, Folic acid, Cyanocobalamin, D-biotin, Calcium-D-pantothenate, Choline chloride, Colours (Carmine, Curcumin)

## OTHER INFORMATION

Osmolarity	(mOsmol/l)	Potential Renal Solute Load	(mOsmol/l)*	354
Juicy Apple	708	<b>Energy distribution</b>		
Zesty Orange	732	Protein	%	13
Exotic Fruit	700	Carbohydrate	%	87
Berry Medley	661	Fat	%	0
Juicy Peach	700			

\* All flavours

## NUTRITIONAL INFORMATION

Flavour	JUICYAPPLE	ZESTYORANGE	EXOTICFRUIT	BERRYMEDLEY	JUICYPEACH						
<b>Typical Values</b>	<b>Per 100ml</b>	<b>Per 200ml serving</b>	<b>Per 100ml</b>	<b>Per 200ml serving</b>	<b>Per 100ml</b>	<b>Per 200ml serving</b>	<b>Per 100ml</b>	<b>Per 200ml serving</b>	<b>Per 100ml</b>	<b>Per 200ml serving</b>	
Energy	KJ	638	1276	638	1276	638	1276	638	1276	638	1276
	kcal	150	300	150	300	150	300	150	300	150	300
Fat	g	0	0	0	0	0	0	0	0	0	0
Carbohydrate	g	32.5	65	32.5	65	32.5	65	32.5	65	32.5	65
sugars	g	13.5	27	13.5	27	13.5	27	13.5	27	13.5	27
Fibre	g	0	0	0	0	0	0	0	0	0	0
Protein	g	5.0	10.0	5.0	10.0	5.0	10.0	5.0	10.0	5.0	10.0
Salt	g	0.02	0.04	0.02	0.04	0.02	0.04	0.02	0.04	0.02	0.04
<b>Vitamins</b>											
Vitamin A (RE)	µg	85.4	171	85.4	171	85.4	171	85.4	171	85.4	171
Vitamin D	µg	2.5	5.0	2.5	5.0	2.5	5.0	2.5	5.0	2.5	5.0
Vitamin K	µg	20	40	20	40	20	40	20	40	20	40
Vitamin C	mg	22	44	22	44	22	44	22	44	22	44
Thiamine	mg	0.3	0.6	0.3	0.6	0.3	0.6	0.3	0.6	0.3	0.6
Riboflavin	mg	0.33	0.66	0.33	0.66	0.33	0.66	0.33	0.66	0.33	0.66
Vitamin B6	mg	0.43	0.86	0.43	0.86	0.43	0.86	0.43	0.86	0.43	0.86
Niacin (NE)	mg	1.5	3.0	1.5	3.0	1.5	3.0	1.5	3.0	1.5	3.0
Folic Acid	µg	47.0	94.0	47.0	94.0	47.0	94.0	47.0	94.0	47.0	94.0
Vitamin B12	µg	0.60	1.2	0.60	1.2	0.60	1.2	0.60	1.2	0.60	1.2
Pantothenic acid	mg	1.5	3.0	1.5	3.0	1.5	3.0	1.5	3.0	1.5	3.0
Biotin	µg	3.0	6.0	3.0	6.0	3.0	6.0	3.0	6.0	3.0	6.0
Vitamin E (alpha TE)	mg	3.0	6.0	3.0	6.0	3.0	6.0	3.0	6.0	3.0	6.0
<b>Minerals</b>											
Sodium	mg	6.0	12	6.0	12	6.0	12	6.0	12	6.0	12
	mmol	0.26	0.52	0.26	0.52	0.26	0.52	0.26	0.52	0.26	0.52
Chloride	mg	125	250	125	250	125	250	125	250	125	250
	mmol	3.53	7.06	3.53	7.06	3.53	7.06	3.53	7.06	3.53	7.06
Potassium	mg	6.0	12.0	6.0	12.0	6.0	12.0	6.0	12.0	6.0	12.0
	mmol	0.15	0.31	0.15	0.31	0.15	0.31	0.15	0.31	0.15	0.31
Calcium	mg	60.0	120	60.0	120	60.0	120	60.0	120	60.0	120
	mmol	1.50	3.00	1.50	3.00	1.50	3.00	1.50	3.00	1.50	3.00
Phosphorus	mg	88.0	176	88.0	176	88.0	176	88.0	176	88.0	176
	mmol	2.84	5.68	2.84	5.68	2.84	5.68	2.84	5.68	2.84	5.68
Magnesium	mg	26.0	52.0	26.0	52.0	26.0	52.0	26.0	52.0	26.0	52.0
	mmol	1.07	2.14	1.07	2.14	1.07	2.14	1.07	2.14	1.07	2.14
Iron	mg	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8	1.9	3.8
Zinc	mg	1.7	3.4	1.7	3.4	1.7	3.4	1.7	3.4	1.7	3.4
Copper	µg	281	562	281	562	281	562	281	562	281	562
Iodine	µg	42.5	85.0	42.5	85.0	42.5	85.0	42.5	85.0	42.5	85.0
Selenium	µg	12	24	12	24	12	24	12	24	12	24
Manganese	µg	0.56	1.1	0.56	1.1	0.56	1.1	0.56	1.1	0.56	1.1
Chromium	µg	9.4	19	9.4	19	9.4	19	9.4	19	9.4	19
Molybdenum	µg	14	28	14	28	14	28	14	28	14	28
Choline	mg	71	142	71	142	71	142	71	142	71	142