

## Alicalm



### Description

Alicalm is a vanilla flavoured, nutritionally complete powdered feed consisting of protein (casein and whey), dried glucose syrup, fat, minerals, vitamins, minerals and trace elements.



**NUTRITIONALLY COMPLETE - Alicalm**

Nutrition Information	Per 100g Powder	Per 100ml*
Energy kJ	1889	567
kcal	450	135
Protein g	15	4.5
Carbohydrate g	58	17.4
as sugars g	10.8	3.2
Fat g	17.5	5.3
as saturates g	9.3	2.8
monounsaturates g	5	1.5
polyunsaturates g	2.3	0.69
% LCT	52	
% MCT	48	
Ratio C18:2 to C18:3	2:1	
% energy from linoleic acid	3	
% energy from $\alpha$ linolenic acid	1.5	
Fibre g	nil added	
<b>Vitamins</b>		
Vitamin A $\mu$ g RE	310	93
IU	1032	310
Vitamin D $\mu$ g	3.5	1.1
IU	140	42
Vitamin E mg $\alpha$ T.E.	12.1	3.6
IU	18	5.4
Vitamin C mg	72	21.6
Vitamin K $\mu$ g	18	5.4
Thiamin mg	0.45	0.14
Riboflavin mg	0.45	0.14
Niacin mg	9	2.7
Niacin equivalent mg NE	13.2	4
Vitamin B <sub>6</sub> mg	0.68	0.2
Folic Acid $\mu$ g	135	40.5
Vitamin B <sub>12</sub> $\mu$ g	0.9	0.27
Biotin $\mu$ g	18	5.4
Pantothenic acid mg	1.9	0.57
Choline mg	135	40.5
Inositol mg	9.9	3
<b>Minerals</b>		
Sodium mg	333	100
mmol	14.5	4.4
Potassium mg	630	189
mmol	16.2	4.9
Chloride mg	540	162
mmol	15.4	4.6
Calcium mg	428	129
Phosphorus mg	338	102
Magnesium mg	85.5	25.7
<b>Trace Elements</b>		
Iron mg	4.1	1.2
Copper mg	0.45	0.14
Zinc mg	6.3	1.9
Manganese mg	0.45	0.14
Iodine $\mu$ g	36	10.8
Molybdenum $\mu$ g	27	8.1
Selenium $\mu$ g	36	10.8
Chromium $\mu$ g	18	5.4
* At the recommended concentration: 30% w/v		
<b>Osmolality</b>		
	340 mosm/kg (20% w/v)	
	620 mosm/kg (30% w/v)*	
	730 mosm/kg (33% w/v)	
<b>Presentation</b>		
	400g can	



## Alicalm

### Indications

For use in the dietary management of Crohn's disease in those over five years of age. Can be used as a sole source of nutrition or as a supplement to diet.

### Precautions

Must only be used under strict medical supervision. Not suitable for under five years of age. Not for parenteral use.

### Preparation and administration

The dosage should be determined by a clinician or dietitian only, and is dependent on the age, body weight and medical condition of the patient. The recommended feed concentration is 30%w/v (100g made up to 330ml, 1.35 kcal/ml).

For osmotically sensitive patients, an initial dilution of 20% w/v (100g made up to 500ml, 0.9 kcal/ml) is recommended.

Alicalm can be taken as a more concentrated drink at 33% w/v (100g made up to 300ml, 1.5 kcal/ml) but additional water/allowed fluid should also be taken. These dilutions are guidelines only.

To reconstitute, weigh out the prescribed amount of Alicalm, put in a container with screw top lid. Add the required amount of water according to the concentration required.

Replace lid and shake vigorously. Alternatively, add a small amount of water to the prescribed amount of Alicalm. Stir with a fork until a smooth paste is obtained, then continue stirring while adding the rest of the required water.

### Storage

Store in a cool dry place. Always replace the container lid after use. Unopened shelf life is 12 months.

### Ingredients

Dried glucose syrup, calcium caseinate (from cow's milk), fractionated coconut oil, canola oil, whey (cow's milk) protein concentrate, sugar, thickener (E1422), flavouring, dipotassium hydrogen phosphate, trisodium citrate, calcium chloride, emulsifier (E472(c)), magnesium acetate, choline bitartrate, L-cystine, L-ascorbic acid, sodium chloride, L-phenylalanine, taurine, artificial sweetener (acesulfame K), L-carnitine, DL-alpha tocopheryl acetate, zinc sulphate, ferrous sulphate, M-inositol, nicotinamide, L-glutamine, calcium-D-pantothenate, D-biotin, L-histidine, manganese sulphate, copper sulphate, pyridoxine hydrochloride, sodium selenite, thiamine hydrochloride, riboflavin, vitamin A acetate, folic acid, chromium chloride, sodium molybdate, potassium iodide, vitamin K1, vitamin D3, cyanocobalamin.