

PACKAGE LEAFLET:  
INFORMATION FOR THE USER

# Anthisan<sup>®</sup> Bite and Sting 2%w/w Cream

Mepyramine maleate

sanofi aventis

 Is this leaflet hard to see or read?  
Phone 01483 505515 for help

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use Anthisan Bite and Sting Cream carefully to get the best results from it.

- Keep this leaflet. You may need to read it again
- Ask your pharmacist if you need more information or advice
- You should contact a doctor if your symptoms worsen or do not improve after 3 days
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist

### In this leaflet:

1. What Anthisan Bite and Sting Cream is and what it is used for
2. Before you use Anthisan Bite and Sting Cream
3. How to use Anthisan Bite and Sting Cream
4. Possible side effects
5. How to store Anthisan Bite and Sting Cream
6. Further Information

## 1. What Anthisan Bite and Sting Cream is and what it is used for

Anthisan Bite and Sting Cream contains a medicine called mepyramine maleate. This belongs to a group of medicines called antihistamines. It works by blocking a natural substance (histamine) that your body makes during an allergic reaction.

### What Anthisan Bite and Sting Cream is used for treating:

- Pain, itching and inflammation caused by insect stings, bites and nettle rash

## 2. Before you use Anthisan Bite and Sting Cream

 **Do not use this medicine and tell your doctor or pharmacist if:**

- × You are allergic (hypersensitive) to mepyramine maleate or any of the other ingredients of Anthisan Bite and Sting Cream (listed in Section 6 below)

The signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue

 **Do not apply the cream on:**

- × Eczema
- × Cut, grazed or badly broken skin
- × Areas of sunburnt skin
- × Large areas of skin

Do not use this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before using Anthisan Bite and Sting Cream.

 **Taking other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines you can buy without prescription, including herbal medicines.

### Pregnancy and breast-feeding

Talk to your doctor or pharmacist before taking this medicine if you are pregnant, might become pregnant, or think you may be pregnant.

If you are breast-feeding or planning to breast-feed, talk to your doctor or pharmacist before taking any medicine.

 **Driving and using machines**

You may feel drowsy or sleepy while using this medicine. If this happens, do not drive or use any tools or machines.

### Important information about some of the ingredients of Anthisan Bite and Sting Cream

This medicine contains:

- Ceto-stearyl alcohol and castor oil. These may cause local skin reactions (such as “contact dermatitis” which may include the following symptoms: skin redness, swelling and itching, pain or burning sensation).
- Methyl hydroxybenzoate. This may cause an allergic reaction. This allergy may happen some time after starting the medicine

### 3. How to use Anthisan Bite and Sting Cream

If you are not sure how to use this medicine, check with your doctor or pharmacist.

#### Using this medicine (adults, elderly and children over 2 years of age)

- Apply the cream directly to the affected areas of skin
- Do not apply the cream on eczema, larger areas of skin, cut, grazed, badly broken or sunburnt skin
- Apply the cream two to three times a day for up to three days
- For best results use as soon as possible after the bite or sting
- Repeated use of the cream for periods longer than a few days is not recommended
- If your symptoms worsen or do not improve after 3 days talk to your doctor or pharmacist

If you feel the effect of your medicine is too weak or too strong, do not change the dose yourself, but ask your doctor or pharmacist.

#### If you use more Anthisan Bite and Sting Cream than you should

If you use more Anthisan Cream than you should or it is accidentally swallowed, seek immediate medical attention particularly in young children. Tell a doctor or go to a hospital casualty department straight away. Take the medicine pack with you. This is so the doctor knows what you or the child has taken.

The following effects may happen: loss of consciousness and fits (seizures).

#### If you forget to use Anthisan Bite and Sting Cream

Do not apply a double amount of cream to make up for a forgotten application. Apply the cream as soon as you remember, then carry on as before.



If you have any further questions on the use of this product, ask your doctor or pharmacist.

### 4. Possible side effects

Like all medicines, Anthisan Bite and Sting Cream can cause side effects, although not everybody gets them.

#### Stop using Anthisan Bite and Sting Cream and see a doctor or go to a hospital straight away if you notice any of the following side effects:

- A severe allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue

#### Stop using Anthisan Bite and Sting Cream and tell a pharmacist if you notice the following side effect:

- An increase in skin redness, swelling and itching in the area where you have used the cream. This might be due to a mild allergic reaction.

**Talk to your doctor or pharmacist if you notice any side effects not listed in this leaflet.**

### 5. How to store Anthisan Bite and Sting Cream

- Keep out of the reach and sight of children
- Do not use Anthisan Bite and Sting Cream after the expiry date which is stated on the carton flap or tube after EXP. The expiry date refers to the last day of that month
- Do not store above 30°C

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### 6. Further Information

#### What Anthisan Bite and Sting Cream contains:

- Each 1g of cream contains 20mg of the active substance, mepyramine maleate
- The other ingredients are ceto-stearyl alcohol, polyethylene glycol 600 monostearate, castor oil, methyl hydroxybenzoate, foin coupe (fragrance), silicon antifoam and purified water

#### What Anthisan Bite and Sting Cream looks like and contents of the pack

A smooth off-white cream contained within a collapsible aluminium tube with extended nozzle and polypropylene cap. The tube contains 20 grams of cream.

#### Marketing Authorisation Holder and Manufacturer

##### Marketing Authorisation Holder

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This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

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