

## Antihistamine Cream 2.0% w/w Diphenhydramine Hydrochloride

Please read this leaflet carefully before using this medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

This leaflet contains the following information.

1. What is Careway Antihistamine Cream and what does it do?
2. What should I know before using Careway Antihistamine Cream?
3. How do I use Careway Antihistamine Cream?
4. Does Careway Antihistamine Cream have any side effects?
5. How do I store Careway Antihistamine Cream?
6. Further information.

### 1. What is Careway Antihistamine Cream and what does it do?

Careway Antihistamine Cream is intended for the relief of minor discomforts due to allergic conditions of the skin. Such conditions include rashes and itches, stings and insect bites. The active ingredient is diphenhydramine hydrochloride which is an antihistamine; it works by reducing the inflammatory response to histamine, which is an agent responsible for causing the pain associated with allergic responses.

### 2. What should I know before using Careway Antihistamine Cream?

#### When shouldn't I use Careway Antihistamine Cream?

Do not use Careway Antihistamine Cream if you are allergic to any of the ingredients listed in section 6 of this leaflet. Do not apply to eczema, or conditions where the skin is broken or producing any form of wet discharge. Do not use the cream at the same time as using other products that also contain diphenhydramine. Careway Antihistamine Cream is not suitable for children under six years of age.

#### Information about some of the ingredients in this medicine:

This medicine contains propyl hydroxybenzoate which may cause allergic reactions (possibly delayed).

#### What else should I be aware of before using Careway Antihistamine Cream?

Keep away from the eyes, nose and mouth. Apply sparingly, avoiding prolonged or repeated applications especially to large areas. If burning or a rash develops or the condition does not improve seek medical advice immediately. You can remove the cream by washing with soap and water if required.

#### What should I do if I accidentally swallow or use too much Careway Antihistamine Cream?

Accidental swallowing or excessive use may lead to drowsiness and sedation. If this occurs seek medical advice immediately and do not drive. When seeking medical advice you should, if possible, take the medicine and this leaflet with you provided it doesn't cause a delay.

#### Can I use Careway Antihistamine Cream if I am pregnant or breastfeeding?

The cream is considered safe for use during pregnancy and when breastfeeding, however you should always consult with a healthcare professional before using any medicines at this time.

#### Is it safe to drive or operate machinery after using Careway Antihistamine Cream?

This product is safe to use prior to driving or operating machinery.

#### Are there any foods or medicines that interact with Careway Antihistamine Cream?

No interactions of concern are known for this product.

### **3. How do I use Careway Antihistamine Cream?**

Apply sparingly to the affected area.

Do not use more than twice daily or for longer than three days.

**FOR EXTERNAL USE ONLY**

Wash your hands after use unless they are being treated.

Careway Antihistamine Cream is not suitable for children under six years of age.

### **What should I do if I miss a treatment with Careway Antihistamine Cream?**

If you have missed a treatment then you can use the cream immediately provided you do not apply it more than twice daily.

### **4. Does Careway Antihistamine Cream have any side effects?**

All medicines can cause side effects. Although not common the following side effects have been reported to the ingredients of Careway Antihistamine Cream:

- Allergic reactions, e.g. skin rash and/or swelling at or near the site of application.
- The skin may become sensitive to sunlight.
- Very occasionally, eczema.

If you experience any severe side effects including eczema, or have a side effect which isn't listed, then discontinue use and seek the advice of your doctor or pharmacist.

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

### **5. How do I store Careway Antihistamine Cream?**

Do not use after the expiry date marked on the pack. Keep all medicines out of the reach and sight of children, preferably in a locked cupboard.

Store below 25°C.

### **6. Further information.**

#### **What is in Careway Antihistamine Cream?**

The active ingredient is diphenhydramine hydrochloride 2.0% w/w. In addition Careway Antihistamine Cream also contains the following non-active ingredients: propyl hydroxybenzoate, liquid paraffin, emulsifying wax and purified water.

#### **How is Careway Antihistamine Cream supplied?**

Careway Antihistamine Cream is supplied in packs of 25g.

#### **Who is responsible for Careway Antihistamine Cream?**

The marketing authorisation holder is:

Norma Chemicals Ltd., 51-53 Stert Street, Abingdon, Oxfordshire, England OX14 3JF

The manufacturer is:

Laleham Health & Beauty Limited, Greenhalgh, Preston, PR4 3JA, UK.

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