



Foodlink Complete 1596g

DATA SHEET

UK/IRELAND

Foodlink Complete 1596g is a Food for Special Medical Purposes for use under medical supervision.

It can be used for the dietary management of patients with or at risk from disease related malnutrition as determined by appropriate nutritional screening.

Foodlink Complete 1596g is designed to supplement a patient's dietary intake and is not suitable as a sole source of nutrition.

This product is packaged in a protective atmosphere.

Available in Vanilla, Strawberry, Chocolate, Banana and Natural flavours.

Gluten free

Allergens: Contains Milk & Soya

STORAGE

Foodlink Complete 1596g should be stored in a cool, dry place and once opened should be consumed within two months.

Foodlink Complete 1596g can be consumed chilled, at room temperature or gently heated.

Once reconstituted Foodlink Complete 1596g can be stored in a refrigerator for up to 24 hours.

Discard unused contents thereafter.

DIRECTIONS FOR USE

Mixing Instructions

- You will need a large glass, mug or Nualtra Shaker and 200ml (1/3 pint) of whole milk or water depending on what your Health Care Professional has recommended.
- Add 50mls of liquid to the shaker or glass and two scoops of Foodlink Complete 1596g. Mix into a smooth paste with a fork or whisk.
- Top up with the remaining 150ml liquid whilst continuing to mix.
- Serve when fully mixed.
- Alternatively if using a Nualtra shaker - Add 200mls milk/water to the shaker along with two scoops of powder.
- Close lid and shake vigorously until powder is dissolved.

SHELF LIFE

24 months from date of manufacture. See individual tub for best before date.

INDICATIONS

For enteral use only. Must be used under Medical Supervision.

CONTRAINDICATIONS

Not suitable for children under 3 years. Not suitable for patients with galactosemia or an intolerance to soya or milk protein.

PRECAUTIONS

Not suitable for use in children under 3 years and use of this product in children under 6 years should be closely monitored by a dietitian or physician.

NATURAL

Fat Filled Milk Powder (Skim Milk Solids, Palm Oil, Dairy Solids, Emulsifier: Soya Lecithin.) Skimmed Milk Powder, Maltodextrin, Caster Sugar, Vitamin and Mineral Blend [Ascorbic Acid, Potassium Chloride, Sodium Chloride, Nicotinamide, DL-a-Tocopherol Acetate (Vitamin E), Ferric Pyrophosphate, Calcium D-Pantothenate, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Mononitrate, Manganese Sulphate, Riboflavin, Retinyl Acetate (Vitamin A), Folic Acid, Potassium Iodide, Phytomenadione (Vitamin K1), Copper Gluconate, D-Biotin, Sodium Selenite, Sodium Molybdate, Chromium Chloride, Cyanocobalamin (Vitamin B12)], Magnesium Oxide, Vitamin D3.

Gluten Free.

Allergens: Contains Milk and Soya.

AVERAGE CONTENT	UNITS	SHAKE PER 57g SERVING	
		PER 100g	PREPARED WITH 200ml MILK
Energy	kJ	1842	1614
	kcal	437	385
Fat	g	13.5	15.7
of which saturates	g	8.1	9.8
of which monounsaturates	g	4.5	4.6
of which polyunsaturates	g	0.9	0.7
Carbohydrate	g	58.7	43
of which sugars	g	42.7	33.8
Fibre	g	0	0
Protein	g	20.3	18.4
Salt	g	0.5	0.5
VITAMINS			
Vitamin A	µgRE	666	441
Vitamin D	µg	8.8	5
Vitamin E	mgTE	8.6	5.1
Vitamin K	µg	52	30
Vitamin C	mg	61.4	39
Thiamin (B1)	mg	1.4	0.9
Riboflavin (B2)	mg	1.8	1.5
Niacin	mgNE	11.3	6.8
Vitamin B6	mg	2	1.3
Folic Acid	µg	201	131
Vitamin B12	µg	2	2.9
Biotin	µg	30	22.2
Pantothenic Acid	mg	5.8	4.5
MINERALS			
Sodium	mmol	9.5	9.2
	mg	218	211
Potassium	mmol	15.9	17.3
	mg	621	677
Chloride	mmol	9.9	10.8
	mg	351	383
Calcium	mmol	18.6	16.7
	mg	742	666
Phosphorus	mmol	10.7	12.5
	mg	331	387
Magnesium	mmol	4.3	3.4
	mg	103	81.4
Iron	mg	6.8	4
Zinc	mg	5.5	3.9
Copper	mg	0.5	0.3
Manganese	mg	0.6	0.3
Selenium	µg	26	17
Chromium	µg	7	4.5
Molybdenum	µg	16	16
Iodine	µg	119	132

VANILLA

Fat Filled Milk Powder (Skim Milk Solids, Palm Oil, Dairy Solids, Emulsifier: Soya Lecithin.) Skimmed Milk Powder, Maltodextrin, Caster Sugar, Flavouring, Vitamin and Mineral Blend [Ascorbic Acid, Potassium Chloride, Sodium Chloride, Nicotinamide, DL-a-Tocopherol Acetate (Vitamin E), Ferric Pyrophosphate, Calcium D-Pantothenate, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Mononitrate, Manganese Sulphate, Riboflavin, Retinyl Acetate (Vitamin A), Folic Acid, Potassium Iodide, Phytomenadione (Vitamin K1), Copper Gluconate, D-Biotin, Sodium Selenite, Sodium Molybdate, Chromium Chloride, Cyanocobalamin (Vitamin B12)], Magnesium Oxide, Vitamin D3.

Gluten Free.

Allergens: Contains Milk and Soya.

AVERAGE CONTENT	UNITS	SHAKE PER 57g SERVING	
		PER 100g	PREPARED WITH 200ml MILK
Energy	kJ	1828	1606
	kcal	434	383
Fat	g	12.4	15.1
of which saturates	g	8.0	9.8
of which monounsaturates	g	4.5	4.6
of which polyunsaturates	g	0.9	0.7
Carbohydrate	g	61.8	41.7
of which sugars	g	43.4	34.2
Fibre	g	0	0
Protein	g	18.6	17.4
Salt	g	0.5	0.5
VITAMINS			
Vitamin A	µgRE	616	413
Vitamin D	µg	8.8	5
Vitamin E	mgTE	8.1	4.8
Vitamin K	µg	49	28
Vitamin C	mg	57.2	36.6
Thiamin (B1)	mg	1.3	0.8
Riboflavin (B2)	mg	1.7	1.4
Niacin	mgNE	11.3	6.8
Vitamin B6	mg	1.8	1.2
Folic Acid	µg	188	123
Vitamin B12	µg	2	2.9
Biotin	µg	30	21.2
Pantothenic Acid	mg	5.4	4.3
MINERALS			
Sodium	mmol	9.4	9.2
	mg	217	211
Potassium	mmol	15.8	17.3
	mg	618	675
Chloride	mmol	9.8	10.8
	mg	350	382
Calcium	mmol	17	15.8
	mg	681	631
Phosphorus	mmol	10.6	12.4
	mg	330	386
Magnesium	mmol	4.3	3.4
	mg	103	81
Iron	mg	6.4	3.7
Zinc	mg	5.1	3.7
Copper	mg	0.5	0.3
Manganese	mg	0.6	0.3
Selenium	µg	24	14
Chromium	µg	7	4
Molybdenum	µg	15	16
Iodine	µg	111	127

STRAWBERRY

Fat Filled Milk Powder (Skim Milk Solids, Palm Oil, Dairy Solids, Emulsifier; Soya Lecithin.) Skimmed Milk Powder, Maltodextrin, Caster Sugar, Natural Colour (Beetroot Red), Flavouring, Vitamin and Mineral Blend [Ascorbic Acid, Potassium Chloride, Sodium Chloride, Nicotinamide, DL- α -Tocopherol Acetate (Vitamin E), Ferric Pyrophosphate, Calcium D-Pantothenate, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Mononitrate, Manganese Sulphate, Riboflavin, Retinyl Acetate (Vitamin A), Folic Acid, Potassium Iodide, Phytomenadione (Vitamin K1), Copper Gluconate, D-Biotin, Sodium Selenite, Sodium Molybdate, Chromium Chloride, Cyanocobalamin (Vitamin B12)] Magnesium Oxide, Vitamin D3.

Gluten Free.

Allergens: Milk Protein and Soya.

AVERAGE CONTENT	UNITS	SHAKE PER 57g SERVING	
		PER 100g	PREPARED WITH 200ml MILK
Energy	kJ	1839	1612
	kcal	437	385
Fat	g	13.5	15.7
of which saturates	g	8.0	9.8
of which monounsaturates	g	4.5	4.6
of which polyunsaturates	g	0.9	0.7
Carbohydrate	g	58.8	43
of which sugars	g	42	33.4
Fibre	g	0	0
Protein	g	20.1	18.3
Salt	g	0.5	0.5
VITAMINS			
Vitamin A	μ gRE	665	441
Vitamin D	μ g	8.8	5
Vitamin E	mgTE	8.6	5.1
Vitamin K	μ g	52	30
Vitamin C	mg	61.4	39
Thiamin (B ₁)	mg	1.4	0.9
Riboflavin (B ₂)	mg	1.8	1.5
Niacin	mgNE	11.3	6.8
Vitamin B ₆	mg	2	1.3
Folic Acid	μ g	201	131
Vitamin B ₁₂	μ g	2	2.9
Biotin	μ g	30	22.2
Pantothenic Acid	mg	5.8	4.5
MINERALS			
Sodium	mmol	9.5	9.2
	mg	218	211
Potassium	mmol	15.9	17.3
	mg	620	676
Chloride	mmol	9.8	10.8
	mg	350	382
Calcium	mmol	18.3	16.5
	mg	735	662
Phosphorus	mmol	10.7	12.5
	mg	331	387
Magnesium	mmol	4	3.3
	mg	96.5	78
Iron	mg	6.8	4
Zinc	mg	5.4	3.9
Copper	mg	0.5	0.3
Manganese	mg	0.6	0.3
Selenium	μ g	26	17
Chromium	μ g	7	4.5
Molybdenum	μ g	16	16
Iodine	μ g	119	132

BANANA

Fat Filled Milk Powder (Skim Milk Solids, Palm Oil, Dairy Solids, Emulsifier; Soya Lecithin.) Skimmed Milk Powder, Maltodextrin, Caster Sugar, Flavouring, Vitamin and Mineral Blend [Ascorbic Acid, Potassium Chloride, Sodium Chloride, Nicotinamide, DL- α -Tocopherol Acetate (Vitamin E), Ferric Pyrophosphate, Calcium D-Pantothenate, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Mononitrate, Manganese Sulphate, Riboflavin, Retinyl Acetate (Vitamin A), Folic Acid, Potassium Iodide, Phytomenadione (Vitamin K1), Copper Gluconate, D-Biotin, Sodium Selenite, Sodium Molybdate, Chromium Chloride, Cyanocobalamin (Vitamin B12)], Magnesium Oxide, Natural Colour (Mixed Carotenes), Vitamin D3.

Gluten Free.

Allergens: Milk Protein and Soya.

AVERAGE CONTENT	UNITS	SHAKE PER 57g SERVING	
		PER 100g	PREPARED WITH 200ml MILK
Energy	kJ	1837	1611
	kcal	436	385
Fat	g	13.4	15.6
of which saturates	g	7.9	9.7
of which monounsaturates	g	4.5	4.6
of which polyunsaturates	g	0.9	0.7
Carbohydrate	g	58.5	42.8
of which sugars	g	40.8	32.8
Fibre	g	0	0
Protein	g	20.5	18.5
Salt	g	0.5	0.5
VITAMINS			
Vitamin A	μ gRE	662	439
Vitamin D	μ g	8.8	5
Vitamin E	mgTE	8.6	5.1
Vitamin K	μ g	52	30
Vitamin C	mg	61	39
Thiamin (B ₁)	mg	1.4	0.9
Riboflavin (B ₂)	mg	1.8	1.5
Niacin	mgNE	11.3	6.8
Vitamin B ₆	mg	2	1.3
Folic Acid	μ g	201	131
Vitamin B ₁₂	μ g	2	2.9
Biotin	μ g	30	22.2
Pantothenic Acid	mg	5.8	4.5
MINERALS			
Sodium	mmol	9.4	9.1
	mg	216	210
Potassium	mmol	15.7	17.2
	mg	615	673
Chloride	mmol	9.7	10.7
	mg	347	381
Calcium	mmol	18.7	16.8
	mg	749	670
Phosphorus	mmol	10.6	12.4
	mg	328	385
Magnesium	mmol	4.3	3.4
	mg	103	81.4
Iron	mg	6.8	3.9
Zinc	mg	5.5	3.9
Copper	mg	0.5	0.3
Manganese	mg	0.6	0.3
Selenium	μ g	26	17
Chromium	μ g	7	4.5
Molybdenum	μ g	16	16
Iodine	μ g	119	132

CHOCOLATE

Fat Filled Milk Powder (Skim Milk Solids, Palm Oil, Dairy Solids, Emulsifier; Soya Lecithin.) Skimmed Milk Powder, Caster Sugar, Maltodextrin, Cocoa Powder, Flavouring, Vitamin and Mineral Blend [Ascorbic Acid, Potassium Chloride, Sodium Chloride, Nicotinamide, DL- α -Tocopherol Acetate (Vitamin E), Ferric Pyrophosphate, Calcium D-Pantothenate, Zinc Oxide, Pyridoxine Hydrochloride, Thiamine Mononitrate, Manganese Sulphate, Riboflavin, Retinyl Acetate (Vitamin A), Folic Acid, Potassium Iodide, Phytomenadione (Vitamin K1), Copper Gluconate, D-Biotin, Sodium Selenite, Sodium Molybdate, Chromium Chloride, Cyanocobalamin (Vitamin B12)], Magnesium Oxide, Vitamin D3.

Gluten Free.

Allergens: Milk Protein and Soya.

AVERAGE CONTENT	UNITS	SHAKE PER 57g SERVING	
		PER 100g	PREPARED WITH 200ml MILK
Energy	kJ	1791	1585
	kcal	425	378
Fat	g	13.4	15.6
of which saturates	g	8	9.8
of which monounsaturates	g	4.5	4.6
of which polyunsaturates	g	0.9	0.7
Carbohydrate	g	55.7	41.2
of which sugars	g	43.6	34.4
Fibre	g	0.3	0.2
Protein	g	20.5	18.5
Salt	g	0.5	0.5
VITAMINS			
Vitamin A	μ gRE	646	430
Vitamin D	μ g	8.8	5
Vitamin E	mgTE	8.6	5.1
Vitamin K	μ g	52	29
Vitamin C	mg	61	38.8
Thiamin (B ₁)	mg	1.4	0.9
Riboflavin (B ₂)	mg	1.8	1.5
Niacin	mgNE	11.3	6.8
Vitamin B ₆	mg	2	1.2
Folic Acid	μ g	201	131
Vitamin B ₁₂	μ g	2	2.9
Biotin	μ g	30	22.2
Pantothenic Acid	mg	5.7	4.4
MINERALS			
Sodium	mmol	9	8.9
	mg	208	206
Potassium	mmol	20.5	19.9
	mg	798	778
Chloride	mmol	9.3	10.5
	mg	331	372
Calcium	mmol	16.7	16
	mg	670	642
Phosphorus	mmol	10	12.1
	mg	312	376
Magnesium	mmol	4.3	3.4
	mg	103	81.4
Iron	mg	6.8	3.9
Zinc	mg	5.3	3.8
Copper	mg	0.5	0.3
Manganese	mg	0.6	0.3
Selenium	μ g	26	17
Chromium	μ g	7	4.5
Molybdenum	μ g	16	16
Iodine	μ g	119	132