

Fortini Creamy Fruit



Summer Fruit 4 x 100g pots	Order Code	PIP Code
	85278	386-6373



Berry Fruit 4 x 100g pots	Order Code	PIP Code
	85277	386-6365

Fortini Creamy Fruit

Description

Fortini Creamy Fruit is a Food for Special Medical Purposes for use under medical supervision. Fortini Creamy Fruit is a nutritionally complete*, 1.5kcal/g, ready to eat, fruit flavoured, dessert style oral nutritional supplement with fibre, for the dietary management of disease related malnutrition and growth failure in children from one year of age (>8kg in body weight).

Fortini Creamy Fruit can be used to supplement the diet of children who are unable to meet their nutritional requirements from other foods or it is suitable as a sole source of nutrition for children aged 1-12 years or 8-45kg in body weight (see precautions).

Available in 100g pots in two flavours: berry fruit and summer fruit.

Indications

For enteral use only. For the dietary management of disease related malnutrition and growth failure.

Contraindications

Not suitable for infants under 1 year of age. Not suitable for patients with galactosaemia, or patients requiring a fibre free diet.

Precautions

Due to the fibre content, intakes greater than 6 pots per day should be used with caution.

Directions for use

Fortini Creamy Fruit is ready to eat and is best served chilled. Fortini Creamy Fruit may be eaten directly from the pot. It may be frozen or gently warmed (not boiled)

Storage

Store in a dry, cool place (5-25°C). Once opened, store in a refrigerator and discard unused contents after a maximum of 24 hours.

Shelf life

10 months. Best before date: see lid of pot.

Ingredients (Berry Fruit flavour**)

Skimmed cow's **milk**, water, sugar, vegetable oils (rapeseed oil, sunflower oil), fruit purees and concentrate (5.4%) (strawberry puree (1.3%), raspberry puree (1.3%), apple puree (1.3%), pear puree (1.3%), lemon juice from concentrate (0.1%)), maltodextrin, heat treated fermented cow's **milk**, stabilisers (modified starch, pectin, locust bean gum), dietary fibres (galacto-oligosaccharides (from cow's **milk**), arabic gum, oligofructose, **soy** polysaccharides, cellulose, fructo-oligosaccharides, resistant starch), whey protein (from cow's **milk**), natural flavourings (contains cow's **milk**), concentrated carrot juice (0.6%), acidity regulators (citric acid, phosphoric acid), emulsifier (mono- and diglycerides of fatty acids), starch, sodium citrate, calcium lactate, calcium hydrogen phosphate, carotenoids (contains **soy**) (β-carotene, lutein, lycopene), choline chloride, potassium citrate, magnesium citrate, L-ascorbic acid, sodium L-ascorbate, taurine, ferric pyrophosphate, zinc sulphate, L-carnitine, cholecalciferol, retinyl acetate, sodium selenite, nicotinamide, D-biotin, calcium D-pantothenate, copper sulphate, thiamin hydrochloride, manganese sulphate, riboflavin, pyridoxine hydrochloride, sodium fluoride, phytomenadione, pteroylmonoglutamic acid, sodium molybdate, chromium chloride.

FORTINI CREAMY FRUIT IS GLUTEN FREE.

*Nutritionally complete in:

6 pots (using RNI for 1-3 years as a comparator, excluding Na & Cl)

7 pots (using RNI for 4-6 years as a comparator, excluding Na, Mg & Cl)

8 pots (using RNI for 7-10 years as a comparator, excluding Na, K, Mg & Cl)

9 pots (using RNI for 11-14 years as a comparator, excluding Na, K, Mg & Cl)

**For Summer Fruit flavour please see individual packaging.

AVERAGE CONTENTS* UNIT per 100g

Energy:	kcal	150
	kJ	630
Protein:	g	3.5
nitrogen	g	0.6
% of total energy	%	9
Carbohydrate:	g	19.4
polysaccharides	g	7.2
sugars	g	11.7
- lactose	g	3.7
% of total energy	%	52
Fat:	g	6.1
saturates	g	0.8
monounsaturates	g	3.6
polyunsaturates	g	1.7
% of total energy	%	37
Dietary fibre:	g	1.9
soluble	g	1.6
insoluble	g	0.3
% of total energy	%	2
Minerals:		
sodium	mg (mmol)	70 (3.0)
potassium	mg (mmol)	150 (3.8)
chloride	mg (mmol)	110 (3.1)
calcium	mg (mmol)	130 (3.2)
phosphorus	mg (mmol)	100 (3.2)
phosphate	mg (mmol)	307 (3.2)
magnesium	mg (mmol)	15 (0.6)
iron	mg	1.5
zinc	mg	1.0
copper	µg	113
manganese	mg	0.10
fluoride	mg	0.10
molybdenum	µg	6.5
selenium	µg	4.6
chromium	µg	4.0
iodine	µg	17
Vitamins:		
vitamin A	µg RE	65
vitamin D	µg	1.9
vitamin E	mg α-TE	1.8
vitamin K	µg	6.5
thiamin	mg	0.23
riboflavin	mg	0.24
niacin	mg NE	1.7
pantothenic acid	mg	0.50
vitamin B6	mg	0.18
folic acid	µg	23
vitamin B12	µg	0.30
biotin	µg	6.0
vitamin C	mg	15
Others:		
carotenoids	mg	0.15
L-carnitine	mg	3.0
choline	mg	30
taurine	mg	11
Water:	g	67
osmolality*	mOsmol/l	685
osmolality*	mOsmol/kg H ₂ O	1035
potential renal solute load	mOsmol/l	333

*Indicative value