

Fortisip Compact

Description

Fortisip Compact is a Food for Special Medical Purposes for use under medical supervision. Fortisip Compact is a high energy (2.4kcal/ml), nutritionally complete, ready to drink, milk shake style nutritional supplement, for the management of disease related malnutrition.

Fortisip Compact can be used to supplement the diet of patients unable to meet their nutritional requirements from other foods, or used as a sole source of nutrition.

Fortisip Compact is available in 125ml plastic bottles, with a flexible straw attached, in 4 flavours: Vanilla, Strawberry, Banana and Mocha.

Indications

For enteral use only. ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition.

Contraindications

Not for intravenous use. Not suitable for children under 3 years of age. Not suitable for patients with galactosaemia.

Precautions

Not suitable as a sole source of nutrition in children under 6 years of age. Monitor fluid intake to ensure adequate hydration status.

Directions for use

Fortisip Compact is best served chilled. Shake well before opening.

Storage

Store in a dry, cool place (5-25°C). Shake well before use. Once opened store bottles in a refrigerator for a maximum of 24 hours.

Shelf life

9 months. Best before date: see side of bottle.

Ingredients (Vanilla Flavour*)

Water, glucose syrup, milk proteins, vegetable oils, tri potassium citrate, emulsifier (soy lecithin), flavour (vanilla), magnesium hydrogen phosphate, choline chloride, potassium chloride, acidity regulator (citric acid), tri sodium citrate, sodium L-ascorbate, ferrous lactate, zinc sulphate, nicotinamide, DL- α -tocopheryl acetate, colouring (curcumin), retinyl acetate, copper gluconate, sodium selenite, manganese sulphate, chromium chloride, calcium D-pantothenate, D-biotin, cholecalciferol, pteroylmonoglutamic acid, thiamin hydrochloride, pyridoxine hydrochloride, sodium molybdate, sodium fluoride, riboflavin, phytomenadione, potassium iodide, cyanocobalamin.

*For all other flavours please see individual packaging.

FORTISIP COMPACT IS GLUTEN FREE.

AVERAGE CONTENTS

	UNIT	per 100ml	per 100kcal
Energy:	kcal	240	100
	KJ	1010	420
Protein:	g	9.6	4.0
nitrogen	g	1.5	0.6
NPC:N		134:1	134:1
% of total energy	%	16	16
Carbohydrate:	g	29.7	12.3
polysaccharides	g	14.3	6.0
sugars	g	15.0	6.2
- lactose	g	<0.2	<0.08
% of total energy	%	49	49
Fat:	g	9.3	3.9
saturates	g	0.9	0.4
- monounsaturates	g	5.6	2.3
- polyunsaturates	g	2.8	1.2
% of total energy	%	35	35
Dietary fibre:	g	0	0
Minerals:			
sodium	mg (mmol)	96 (4.2)	40 (1.7)
potassium	mg (mmol)	236 (6.0)	98 (2.5)
chloride	mg (mmol)	91 (2.6)	38 (1.1)
calcium	mg (mmol)	174 (4.4)	72 (1.8)
phosphorus	mg (mmol)	174 (5.6)	72 (2.3)
magnesium	mg (mmol)	33 (1.4)	14 (0.6)
iron	mg	3.8	1.6
zinc	mg	2.9	1.2
copper	mcg	430	179
manganese	mg	0.80	0.20
fluoride	mg	0.20	0.08
molybdenum	mcg	24	10
selenium	mcg	14	5.8
chromium	mcg	16	6.7
iodine	mcg	32	13
Vitamins:			
vitamin A	mcg RE	240	100
vitamin D	mcg	1.8	0.8
vitamin E	mg α TE	3.0	1.3
vitamin K	mcg	13	5.3
thiamin	mg	0.40	0.17
riboflavin	mg	0.40	0.17
niacin	mg NE	4.3	1.8
pantothenic acid	mg	1.3	0.5
vitamin B6	mg	0.40	0.17
folic acid	mcg	64	27
vitamin B12	mcg	0.7	0.29
biotin	mcg	9.6	4
vitamin C	mg	24	10
Others:			
choline	mg	88	37
Water:	g	64	27
osmolality	mOsm/l	710	710
osmolality	mOsm/kg H ₂ O	1175	1175
potential renal solute load	mOsm/l	719	719