

## FRESUBIN® 2KCAL FIBRE MINI DRINK

flavoured liquid consisting of protein (milk), carbohydrate (maltodextrin and sucrose) vegetable oils (rapeseed and sunflower oils), fibre (inulin, wheat dextrin and cellulose), minerals, vitamins and trace elements.

### PRESENTATION

Fresubin® 2kcal Fibre Mini is a nutritionally complete, high calorie (2.0 kcal/ml), high protein (20% energy) oral nutritional supplement, with fibre. High in vitamin D.

Fresubin® 2kcal Fibre Mini Drink is ready to use and presented in 125ml EasyBottle. Fresubin® 2kcal Fibre Mini drink is available in a choice of 2 flavours: Chocolate and Vanilla. Lactose and gluten free

### CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OLD

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

### PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

ENSURE ADEQUATE FLUID INTAKE

### INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy and protein needs or fluid restrictions.

Fresubin® 2kcal Fibre Mini is a Food for Special Medical Purposes.

Fresubin® 2kcal Fibre Mini is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

### DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

Recommendation for supplementary nutrition 2-3 bottles (500-750kcal)/ day or complete nutrition 6-8 bottles (1500-2000 kcal)/day.

### STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator. Shake well before use. Drink slowly.

### PACK SIZE

4 x 125ml bottles

### SHELF LIFE

15 months from date of manufacture.

### COUNTRY OF DATA ORIGIN

Germany

### ORDER CODE

Chocolate: 7053801

Vanilla: 7048801

### ENERGY DISTRIBUTION

#### Chocolate

Protein 20%, Fat 35%, Carbohydrate 43.4%, Fibre 1.6%

#### Vanilla

Protein 20%, Fat 35%, Carbohydrate 43.5%, Fibre 1.5%

### INGREDIENTS

#### VANILLA FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavouring, [wheat dextrin](#), potassium citrate, emulsifiers ([soya lecithin](#), E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>12</sub>, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>2</sub>.

#### CHOCOLATE FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), fat reduced cocoa powder, maltodextrin, potassium citrate, flavouring, emulsifiers ([soya lecithin](#), E 471), sodium chloride, sodium carbonate, vit. C, stabilisers (E 460, E 466, E 407), potassium carbonate, iron pyrophosphate, magnesium oxide, niacin, zinc sulphate, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>12</sub>, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>2</sub>.

Date of Preparation:

June 2019

NUTRITIONAL COMPOSITION	Per 100ml	Per 125ml
<b>ENERGY</b> kcal (kJ)	200(840)	250(1050)
<b>PROTEIN</b> g	10	12.5
<b>CARBOHYDRATE</b> g	21.7, 21.8	27.1, 27.3
Of which sugars g	5.8 <sup>1</sup> - 5.9	7.25 <sup>1</sup> -7.38
Of which lactose g	≤0.3	≤0.38
<b>FAT</b> g	7.8	9.75
Of which saturated fatty acids g	0.6, 0.7 <sup>1</sup>	0.75, 0.88 <sup>1</sup>
Of which monounsaturated fatty acids g	5.8	7.25
Of which polyunsaturated fatty acids g	1.4	1.75
<b>FIBRE</b> g	1.5, 1.6 <sup>1</sup>	1.88, 2.0 <sup>1</sup>
<b>SALT</b> g (Na x 2.5)	0.15	0.19
<b>WATER</b> ml	68, 70 <sup>1</sup>	85, 87.5 <sup>1</sup>
<b>OSMOLARITY</b> mosmol/l		590 <sup>1</sup> -595
<b>OSMOLALITY</b> mosmol/kg H <sub>2</sub> O		850 <sup>1</sup> -870

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 125ml
<b>SODIUM</b> mg (mmol)	60 (2.6)	75 (3.25)
<b>POTASSIUM</b> mg (mmol)	160(4.1)	200 (5.1)
<b>CHLORIDE</b> mg (mmol)	80 (2.3)	100 (5.75)
<b>CALCIUM</b> mg (mmol)	60 (1.7) <sup>1</sup>	75 (2.1) <sup>1</sup>
<b>PHOSPHORUS</b> mg (mmol)	205(5.1)	256.2 (6.4)
<b>PHOSPHORUS</b> mg (mmol)	120 (3.9)	150 (4.9)
<b>MAGNESIUM</b> mg (mmol)	16 (0.7)	20 (0.9)
<b>IRON</b> mg	2.5	3.1
<b>ZINC</b> mg	1.6	2.0
<b>COPPER</b> µg	375	468.7
<b>MANGANESE</b> mg	0.5	0.6
<b>IODINE</b> µg	37.5	46.9
<b>CHROMIUM</b> µg	12.5	15.6
<b>MOLYBDENUM</b> µg	18.8	23.5
<b>FLUORIDE</b> mg	0.25	0.3
<b>SELENIUM</b> µg	13.5	16.9

VITAMINS	Per 100ml	Per 125ml
<b>VITAMIN A</b> µgRE	212.5	265.6
of which β- carotene µg RE	62.5	78.1
<b>VITAMIN D<sub>3</sub></b> µg	5	6.25
<b>VITAMIN E</b> mgαTE	3.75	4.69
<b>VITAMIN K<sub>1</sub></b> µg	21	26.25
<b>VITAMIN B<sub>1</sub></b> mg	0.3	0.38
<b>VITAMIN B<sub>2</sub></b> mg	0.4	0.5
<b>NIACIN</b> mg	3.75(5.58mg NE)	4.69(6.98mg NE)
<b>VITAMIN B<sub>6</sub></b> mg	0.43	0.54
<b>VITAMIN B<sub>12</sub></b> µg	0.75	0.94
<b>PANTOTHENIC ACID</b> mg	1.5	1.88
<b>BIOTIN</b> µg	9.4	11.75
<b>FOLIC ACID</b> µg	62.5	78.1
<b>VITAMIN C</b> mg	18.8	23.5

TYPICAL FATTY ACID PROFILE	g Per 100ml	
	CHOC	VAN
C14:0 Myristic acid	0.01	0.01
C16:0 Palmitic acid	0.36	0.34
C18:0 Stearic acid	0.25	0.22
C18:1w9 Oleic acid	5.5	5.53
C18:2w6 Linoleic acid	1.09	1.11
C18:3w3 a-Linolenic acid	0.26	0.27

TYPICAL AMINO ACID PROFILE	g Per 100ml	
ESSENTIAL ESSENTIAL	CHOC	VAN
Histidine	0.29	0.30
Isoleucine	0.56	0.57
Leucine	0.99	1.01
Lysine	0.83	0.84
Methionine	0.28	0.29
Phenylalanine	0.52	0.52
Threonine	0.46	0.46
Tryptophan	0.11	0.11
Valine	0.72	0.73

CONDITIONALLY ESSENTIAL	CHOC	VAN
Cysteine	0.05	0.05
Tyrosine	0.56	0.57
Taurine	-	-
Glycine	0.19	0.19
Arginine	0.37	0.37
Glutamine	0.91	0.94
Proline	1.01	1.03

NON-ESSENTIAL	CHOC	VAN
Aspartic acid and Asparagine	0.91	0.92
Glutamic acid	1.28	1.28
Alanine	0.33	0.33
Serine	0.61	0.62

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml	
	VAN	CHOC
Glucose	0.47	0.46
Fructose	0.06	0.04
Maltose	1.96	1.97
Saccharose	3.06	3.05
Lactose	≤0.3	≤0.3
Oligo-/polysaccharides	15.9	15.73
Starch	0.0	0.16

1. Chocolate Flavour

VAN - Vanilla  
CHOC - Choclate