

FRESUBIN CRÈME

DESCRIPTION

A flavoured semi-solid dessert style nutritional supplement, consisting of protein (milk) vegetable oils (sunflower and rapeseed oil), carbohydrates (sucrose, maltodextrin and starch), fibre (inulin) vitamins, minerals and trace elements.

PRESENTATION

Fresubin Crème is a high energy 1.8 kcal/ml, high protein semi-solid dessert style nutritional supplement with fibre and added vitamins, minerals and trace elements.

Fresubin Crème is ready to use and presented in a 125g pot in five flavours: vanilla, wild strawberry, cappuccino, praline and chocolate.

Lactose and gluten free.

CONTRA-INDICATIONS

NOT FOR PARENTERAL USE

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OF AGE

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 5 YEARS OF AGE

INDICATIONS FOR USE

Standard ACBS indications: short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven inflammatory bowel disease, following total gastrectomy, bowel fistulae, disease related malnutrition, dysphagia, continuous ambulatory peritoneal dialysis (CAPD) and haemodialysis.

DOSAGE

Dosage should be calculated by a clinician or dietician according to individual requirements.

As a guide: For supplementary nutrition: 4 x 125g pots per day will provide 50g protein, 900kcal and meets the average adult recommended daily requirements for vitamins and trace-elements# (Dietary Reference Values for Food Energy and Nutrients for the United Kingdom, DH 1991).

(# except magnesium - provides 135mg per 500g, and selenium, provides 70g per 500g, and Iron (in Females aged 19-50yrs)).

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

4 x 125g single serving pots.

SHELF LIFE

9 months.

ENERGY DISTRIBUTION

Protein 22% Fat 36% Carbohydrate 42%

ORDER CODES

Vanilla 7000701 Praline 7004701 Cappuccino 7003701
Wild Strawberry 7002701 Chocolate 7001701

INGREDIENTS

Vanilla

Water, sucrose, milk protein, vegetable oils, maltodextrin, inulin (from chicory), thickeners (E1442, E407), flavourings, potassium citrate, emulsifiers (soya lecithin, E471), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Wild Strawberry

Water, sucrose, milk protein, vegetable oils, maltodextrin, inulin (from chicory), thickeners (E1442, E407), flavourings, potassium citrate, emulsifiers (soya lecithin, E471), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Cappuccino

Water, sucrose, milk protein, vegetable oils, maltodextrin, inulin (from chicory), thickeners (E1442, E407), flavourings, potassium citrate, emulsifiers (soya lecithin, E471), sodium chloride, sodium citrate, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Praline

Water, sucrose, milk protein, vegetable oils, maltodextrin, inulin (from chicory), thickeners (E1442, E407), potassium citrate, flavourings, emulsifiers (soya lecithin E471), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, niacin, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Chocolate

Water, sucrose, milk protein, vegetable oils, maltodextrin, inulin (from chicory), thickeners (E1442, E407), chocolate powder (cocoa powder, sucrose, cocoa butter, soya lecithin, flavouring), fat reduced cocoa powder, potassium citrate, flavourings, emulsifiers (soya lecithin E471), sodium chloride, vit. C, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, potassium iodide, sodium selenite, sodium molybdate, chromium chloride, vit. K₁, biotin, vit. D₃, vit. B₁₂.

NUTRITIONAL COMPOSITION	Per 100g	Per 125g pot
ENERGY kcal (kJ)	180 (756)	225 (945)
PROTEIN g	10	12.5
CARBOHYDRATE g	19	23.75
Of which sugars g	14.4/14.5**	18/18.2**
Of which lactose g	<0.33	<0.41
FAT g	7.2	9
Of which saturated fatty acids g	0.5/0.6**	0.62/0.75**
Of which polyunsaturated fatty acids g	1.3	1.62
Of which monounsaturated fatty acids g	5.4/5.3**	6.75/6.62**
FIBRE g	2/2.3**	2.5/2.8**
WATER ml	59	73

MINERALS AND TRACE ELEMENTS	Per 100g	Per 125g pot
SODIUM mg (mmol)	58 (2.52)	72.5 (3.15)
POTASSIUM mg (mmol)	160 (4.09)* / 167 (4.27)	200 (5.11)* / 208.7 (5.33)
CHLORIDE mg (mmol)	86 (2.43) / 60 (1.7)*	107.5 (3.03) / 75 (2.12)*
CALCIUM mg (mmol)	196 (4.89)	245 (6.11)
PHOSPHORUS mg (mmol)	125 (4.04)	156.2 (5.05)
MAGNESIUM mg (mmol)	27 (1.11)	33.7 (1.38)
IRON mg	2.5/3.1**	3.1/3.8**
ZINC mg	2	2.5
COPPER µg	375	468
MANGANESE mg	0.5	0.62
IODIDE µg	37.5	468.7
CHROMIUM µg	13	16.2
MOLYBDENUM µg	18.8	23.5
FLUORIDE mg	0.25	0.31
SELENIUM µg	14	17.5

VITAMINS	Per 100g	Per 125g pot
VITAMIN A µg	150	187.5
BETA-CAROTENE µg	375	468.7
VITAMIN D µg	2.5	3.1
VITAMIN E mg	3.75	4.6
VITAMIN K µg	21	26.2
VITAMIN B1 mg	0.3	0.37
VITAMIN B2 mg	0.4	0.5
NICOTINAMIDE mg	3.75	4.6
VITAMIN B6 mg	0.43	0.53
VITAMIN B12 µg	0.75	0.93
PANTOTHENIC ACID mg	1.5	1.8
BIOTIN µg	9.4	11.7
FOLIC ACID µg	62.5	78.1
VITAMIN C mg	18.8	23.5

*Cappuccino flavour

**Chocolate flavour

TYPICAL FATTY ACID PROFILE	g per 100g
C16:0 PALMITIC ACID	0.28/0.33**
C18:0 STEARIC ACID	0.2/0.28**
C18:1W9 OLEIC ACID	5.08/5.03**
C18:2W6 LINOLEIC ACID	1/0.98**
C18:3W3 A-LINOLENIC ACID	0.23/0.22**

TYPICAL AMINO ACID PROFILE	g per 100g
ESSENTIAL	
LYSINE	0.83/0.84**
THREONINE	0.48
METHIONINE	0.28/0.29**
PHENYLALANINE	0.50/0.51**
TRYPTOPHAN	0.15
VALINE	0.70/0.71**
LEUCINE	0.99/1.00**
ISOLEUCINE	0.57
CONDITIONALLY ESSENTIAL	
TYROSINE	0.54
CYSTEINE	0.07
TAURINE	-
HISTIDINE	0.29
ARGININE	0.36/0.37**
Glutamine	0.75
NON-ESSENTIAL	
GLYCINE	0.19
ALANINE	0.33
PROLINE	0.99
SERINE	0.59/0.60**
GLUTAMIC ACID	1.03/1.05**
ASPARTIC ACID AND ASPARAGINE	0.94/0.95**

TYPICAL CARBOHYDRATE PROFILE	g per 100g
GLUCOSE	0.09
FRUCTOSE	0.09
MALTOSE	0.08
SACCHAROSE	13.8/13.9**
LACTOSE	≤0.33
OLIGO-/POLYSACCHARIDES	3.16/3.11**
STARCH	1.46/1.39**