

Meritene® Energis® Chicken Soup

Description

Meritene Energis Chicken Flavour Soup is a chicken flavour soup mix with fibre, protein, vitamins and minerals. Suitable as a nutritious first-line supplement or can be a tasty addition to your meals.



Presentation

Single serve 50g sachets: 10 sachets per box, 6 boxes per case.

Administration and dosage

Preparation: Add contents of a Meritene Energis Soup sachet (50 g) to 150 ml of hot (max 60° C) water. Whisk vigorously until fully dissolved. Enjoy! Once prepared, keep refrigerated and use within 24 hours.

Recommended servings: 1-2 sachets per day.

Indications

Specialised nutrition scientifically designed to address the needs of seniors.

Ingredients

Maltodextrin, Vegetable Oils (Sunflower, Rapeseed), Skimmed Milk Powder, Milk Proteins, Inulin, Flavourings, Minerals (Potassium Citrate, Calcium Citrate, Potassium Phosphate, Magnesium Citrate, Tricalcium Phosphate, Ferric Pyrophosphate, Zinc Sulphate, Sodium Selenite), Glucose Syrup, Sugar, Salt, Stabiliser (E407), Anticaking Agents (E339, E450), Parsley, Vitamins (C, Niacin, Calcium Pantothenate, B6, E, B1, B2, A, Folic Acid, K, D, B12). Packaged in a protective atmosphere.

Shelf life and storage

18 months. Best before date: see sachet. Store in a cool, dry place.

Contraindications

Meritene is not intended to substitute main meals. Only suitable for adults.

Attention: In case of current use of supplemental Calcium and Vitamin D or use of coumarin-anticoagulants, please consult your pharmacist or doctor.

Gluten Free

Also available: Vegetable soup

Nutrition information

| Typical values | | | | |
|----------------------------|----------|----------|--------------|---------|
| General | | Per 100g | Per portion* | |
| Energy kJ/kcal | | 1735/414 | 868/207 | |
| Fat g | | 15 | 7.5 | |
| of which saturates g | | 2.0 | 1.0 | |
| Carbohydrates g | | 52 | 26 | |
| of which sugars g | | 10 | 5.0 | |
| Fibre g | | 7.3 | 3.7 | |
| Protein g | | 14 | 7.0 | |
| Salt (=Na(g) x 2.5) | | 2.1 | 1.1 | |
| Vitamins and minerals | Per 100g | % NRV** | Per portion* | % NRV** |
| Vitamin A µg | 600 | 75% | 300 | 38% |
| Vitamin D µg | 20 | 400% | 10 | 200% |
| Vitamin E mg | 7.2 | 60% | 3.6 | 30% |
| Vitamin K µg | 78 | 104% | 39 | 52% |
| Vitamin C mg | 51 | 64% | 25 | 31% |
| Thiamin mg | 0.90 | 82% | 0.45 | 41% |
| Riboflavin mg | 1.2 | 86% | 0.60 | 43% |
| Niacin mg | 11 | 69% | 5.5 | 34% |
| Vitamin B ₆ mg | 1.4 | 100% | 0.70 | 50% |
| Folic acid µg | 240 | 120% | 120 | 60% |
| Vitamin B ₁₂ µg | 2.7 | 108% | 1.3 | 52% |
| Pantothenic acid mg | 5.2 | 87% | 2.6 | 43% |
| Potassium mg | 1400 | 70% | 700 | 35% |
| Chloride mg | 1100 | 138% | 550 | 69% |
| Calcium mg | 720 | 90% | 360 | 45% |
| Phosphorus mg | 600 | 86% | 300 | 43% |
| Magnesium mg | 140 | 37% | 70 | 19% |
| Iron mg | 12 | 86% | 6.0 | 43% |
| Zinc mg | 9.6 | 96% | 4.8 | 48% |
| Selenium µg | 34 | 62% | 17 | 31% |

* 1 portion = 50g of Meritene + 150ml of water

** NRV: Nutrient Reference Value

Meritene® Energis® Vegetable Soup

Description

Meritene Energis Vegetable Soup is a vegetable soup mix with fibre, protein, vitamins and minerals. Suitable as a nutritious first-line supplement or can be a tasty addition to your meals.



Presentation

Single serve 50g sachets: 10 sachets per box, 6 boxes per case.

Administration and dosage

Preparation: Add contents of a Meritene Energis Soup sachet (50 g) to 150 ml of hot (max 60° C) water. Whisk vigorously until fully dissolved. Enjoy! Once prepared, keep refrigerated and use within 24 hours.

Recommended servings: 1-2 sachets per day.

Indications

Specialised nutrition scientifically designed to address the needs of seniors.

Ingredients

Maltodextrin, Vegetable Oils (Sunflower, Rapeseed), Skimmed Milk Powder, Milk Proteins, Vegetables 7.3% (Potato, Carrot, Tomato, Onion, Leek), Inulin, Minerals (Calcium Citrate, Potassium Citrate, Potassium Phosphate, Magnesium Citrate, Ferric Pyrophosphate, Calcium Phosphate, Zinc Sulphate, Sodium Selenite), Flavourings (Lactose), Glucose Syrup, Salt, Parsley, Stabiliser (E407), Sugar, Anticaking Agents (E450, E339), Vitamins (C, Niacin, Calcium Pantothenate, B6, E, B1, B2, A, Folic Acid, K, D, B12), Paprika, Colour (Curcumin). Packaged in a protective atmosphere.

Shelf life and storage

18 months. Best before date: see sachet. Store in a cool, dry place.

Contraindications

Meritene is not intended to substitute main meals. Only suitable for adults.

Attention: In case of current use of supplemental Calcium and Vitamin D or use of coumarin-anticoagulants, please consult your pharmacist or doctor.

Gluten Free

Also available: Chicken soup

Nutrition information

| Typical values | | | | |
|----------------------------|----------|----------|--------------|---------|
| General | | Per 100g | Per portion* | |
| Energy kJ/kcal | | 1733/413 | 8687/207 | |
| Fat g | | 15 | 7.5 | |
| of which saturates g | | 2.0 | 1.0 | |
| Carbohydrates g | | 52 | 26 | |
| of which sugars g | | 10 | 5.0 | |
| Fibre g | | 7.0 | 3.5 | |
| Protein g | | 14 | 7.0 | |
| Salt (=Na(g) x 2.5) | | 2.1 | 1.1 | |
| Vitamins and minerals | Per 100g | % NRV** | Per portion* | % NRV** |
| Vitamin A µg | 600 | 75% | 300 | 38% |
| Vitamin D µg | 20 | 400% | 10 | 200% |
| Vitamin E mg | 7.2 | 60% | 3.6 | 30% |
| Vitamin K µg | 78 | 104% | 39 | 52% |
| Vitamin C mg | 51 | 64% | 25 | 31% |
| Thiamin mg | 0.90 | 82% | 0.45 | 41% |
| Riboflavin mg | 1.2 | 86% | 0.60 | 43% |
| Niacin mg | 11 | 69% | 5.5 | 34% |
| Vitamin B ₆ mg | 1.4 | 100% | 0.70 | 50% |
| Folic acid µg | 240 | 120% | 120 | 60% |
| Vitamin B ₁₂ µg | 2.7 | 108% | 1.3 | 52% |
| Pantothenic acid mg | 5.2 | 87% | 2.6 | 43% |
| Potassium mg | 1400 | 70% | 700 | 35% |
| Chloride mg | 930 | 116% | 465 | 58% |
| Calcium mg | 720 | 90% | 360 | 45% |
| Phosphorus mg | 600 | 86% | 300 | 43% |
| Magnesium mg | 140 | 37% | 70 | 19% |
| Iron mg | 12 | 86% | 6.0 | 43% |
| Zinc mg | 9.6 | 96% | 4.8 | 48% |
| Selenium µg | 34 | 62% | 17 | 31% |

* 1 portion = 50g of Meritene + 150ml of water

** NRV: Nutrient Reference Value