

INSTRUCTIONS FOR USE

MyriBase™ Gel

Isopropyl myristate 15%w/w
Liquid paraffin 15%w/w

Read all of this leaflet carefully before you start using MyriBase™ Gel.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If MyriBase™ Gel has been prescribed to you, do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

- What MyriBase™ Gel is and what it is used for
- Before you use MyriBase™ Gel
- How to use MyriBase™ Gel
- Possible side effects
- How to store MyriBase™ Gel
- Further information
- General advice on looking after dry skin conditions

1. What MyriBase™ Gel is and what it is used for

MyriBase™ Gel is designed to be applied on your skin, it helps form a barrier on the surface of

your skin that helps prevent dry skin conditions. Common examples of dry skin conditions include:

- Eczema (dry itchy skin which may be red and inflamed)
- Contact Dermatitis (dry itchy skin caused by irritation)
- Psoriasis (dry skin marked with red, scaly and itchy patches)
- Ichthyosis (dry and scaly skin)
- Pruritus (itchy and dry skin)

MyriBase™ Gel is a simple emollient gel that is suitable for all ages including children. The application of emollients to dry skin helps to:

- Soften, moisturise and protect your skin by trapping moisture and restoring its normal protective function.
- Prevent the skin from drying out and acts as a barrier to irritants caused by the application of soaps, foaming additives and fragrances used in ordinary cleansing products.
- MyriBase™ Gel contains isopropyl myristate 15% w/w and liquid paraffin 15% w/w. Both ingredients have been used extensively in similar emollients for dry skin conditions.

This product can be used in addition to any other emollients or treatments your doctor, pharmacist or nurse may have given or prescribed to you to treat your dry skin condition.

2. Before you use MyriBase™ Gel

Do not use MyriBase™ Gel if you are allergic (hyper-sensitive) to isopropyl myristate, liquid

paraffin or any of the other ingredients of MyriBase™ Gel (listed in section 6).

Using with other medicines

This product is not known to affect, or to be affected by other medicines,

Pregnancy and breast-feeding

This product can be used during pregnancy and while breast-feeding. The ingredients have been in widespread use in this and similar preparations for many years, without any report of problems. However safety trials have not been conducted in pregnancy.

3. How to use MyriBase™ Gel

This product should only be applied to the skin. For maximum benefit you should apply the gel to the effected skin on a regular basis and as often as required.

- Before using the 500g bottle, turn the top of the pump dispenser anticlockwise to unlock. After unlocking, you will need to press down the pump dispenser several times to prime the pump before any product is dispensed.
- Use a few gentle strokes to smooth the gel across the skin in the same direction as hair growth. If necessary allow time for any excess gel to soak into the skin.
- Do not rub vigorously into the skin.
- If you are applying another treatment to the same areas of skin as MyriBase™ Gel, try to avoid mixing the two products. This can be achieved by applying the treatments alternately, leaving sufficient time to allow the previous application to soak in.

If you forget to use MyriBase™ Gel

MyriBase™ Gel is designed to be applied as and when you require it. If you forget to use it, just carry on using the gel as described the next time you require it.

4. Possible side effects

MyriBase™ Gel could have the potential to cause side effects, although not everybody gets them. This product has been specially designed for use on dry skin, but in some rare cases it can cause irritant or allergic skin reactions on extremely sensitive skin. These rare effects tend to occur during or soon after the first few uses.

Stop using this gel and tell your doctor, nurse or pharmacist:

- If your skin condition seems to look or feel worse.
- If you get rashes or hypersensitivity reactions
- If this product is accidentally swallowed, its oily ingredients may cause diarrhoea. If this happens,
 - Treat the symptoms as you would deal with any case of diarrhoea
 - Drink plenty of water
 - Do not attempt to cause vomiting.

5. How to store MyriBase™ Gel

- Keep out of the reach and sight of children.
- Do not use MyriBase™ Gel after the expiry date shown on the container. The expiry date refers to the last day of that month.
- Store below 25°C.

- After using up the 500g bottle, it is advisable to turn the top of the pump clockwise to lock it.

6. Further information

What MyriBase™ Gel contains:

The main ingredients are Isopropyl myristate 15%w/w and Liquid paraffin 15%w/w. The other ingredients are Glycerol, Carbomer, Sorbitan laurate, Phenoxyethanol, Triethanolamine and Purified water.

What MyriBase™ Gel looks like and contents of the pack

- The gel is available in a plastic pump bottle containing 500g.
- The product has the appearance of a white gel.
- It contains no dye or fragrance.

7. General advice on looking after dry skin conditions

- Emollients help soften, moisturise and protect the skin by placing a barrier on the surface of the skin. They help in the management of dry skin conditions where the skin's natural oils may not function correctly. For maximum effect they should be applied as often as needed.
- Try to avoid using normal soaps or bath additives, (even those labelled "moisturising"). This is because they tend to dry and irritate the skin. Avoid using products containing

fragrances, as these can also cause skin problems. You should try to use a fragrance-free emollient 'soap substitute' instead. This type of product will not foam or lather but will be better for your dry skin condition.

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MyriBase Gel is a trademark of Penlan Healthcare

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For further information go to www.penlanhealth.com

