

- If the medicine shows any signs of deterioration, consult your pharmacist before using it.
- Return any unused medicine to your pharmacist for safe disposal.

**6. Further information**

**What is this medicine**

**Active Ingredients**

Each 1g of oral gel contains:  
Chamomilla 12c, Belladonna 12c,  
Aconite 12c

**Also contains** Water, Glycerol,  
Xanthan Gum, Xylitol (E967),  
Hypromellose, Ethanol.

This homeopathic medicinal product contains small amounts of ethanol (alcohol), less than 100mg per dose.

**What does the medicine look like**

Teetha Teething Gel is a colourless translucent gel available in a 15g tube.

**NR authorisation holder & manufacturer is:**

A Nelson & Co Limited, 5-9 Endeavour Way,  
Wimbledon, London, SW19 8UH  
NR 01175/0184

**This leaflet is available on request in formats suitable for the blind and partially sighted.**

You can help to make medicines safer by reporting any side effects to the yellow card scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Alternatively you can get a paper yellow card from your GP's surgery or pharmacy, or call free phone 0808 100 3352 (available 10am-2pm Monday-Friday).

Leaflet revision: 02/12

Art. 2293 WR106058

**A Homeopathic Medicinal Product**

**nelsons<sup>®</sup> Teetha<sup>®</sup> Teething Gel**

**Chamomilla 12c  
Belladonna 12c Aconite 12c**

The active ingredients in this product are used within the homeopathic tradition for the symptomatic relief of teething pain and symptoms related to teething:

- Chamomilla is traditionally used in homeopathy to help relieve teething pain.
- Belladonna is traditionally used in homeopathy to help relieve flushed cheeks and dribbling.
- Aconite is traditionally used in homeopathy to help with sore and tender gums.

**Please read all of this leaflet carefully before giving this medicine, it contains important information.**

**Please keep this leaflet; you might need to read it again.**

**1. What is this medicine for**

Nelsons Teetha Teething Gel is a homeopathic medicinal product used within the homeopathic tradition for the symptomatic relief of teething pain and the symptoms associated with teething, which are sore and tender gums, flushed cheeks and dribbling.

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**2. Before giving this medicine**

- This medicine may not be suitable for some babies. Ask your doctor or pharmacist before giving it to the baby if you are not sure.
- Do not give this medicine to the baby if he/she is allergic to any of the ingredients, see section 6.
- Unless otherwise directed by your doctor, do not give this medicine to babies under 3 months.
- If the baby is being given any other medicines, including medicines prescribed by your doctor, or any bought without a prescription, talk to your doctor or pharmacist before giving the baby this medicine.
- This homeopathic medicinal product contains small amounts of ethanol (see section 6).
- The use of this product with other medicinal products containing ethanol should be avoided.

**3. How to use this medicine**

**Directions**

**For babies aged 3 months and over only.**

Check tube seal is not broken before first use. If it is do not use the gel.

- Pierce seal with point in top of cap.
- With a clean finger apply a pea sized amount of the gel to the sore area on the baby's gums and teeth.
- Use every 4 hours for up to 6 times per day.

- **Once opened** use within 28 days.
- **Do not** exceed the stated dose.
- **If you are unsure how to use** the gel consult your doctor or pharmacist.
- **If the symptoms worsen or do not show improvement** after 7 days, consult your doctor or qualified healthcare practitioner.
- **If you forget to give this medicine** to the baby, continue with the usual dose at the usual time. It does not matter if you have missed a dose.
- **If you accidentally give the baby too much** gel or if the baby accidentally swallows some gel, consult your doctor or pharmacist as soon as possible.

**4. Possible side effects**

This medicine is not expected to cause any side effects. However, as with all medicines, side effects can occur. If the symptoms become worse or they do not show improvement after 7 days, or if the baby experiences any adverse or unwanted effects, consult a doctor or pharmacist.

**5. Storing this medicine**

- Keep all medicines out of the reach and sight of children.
- Do not store above 25°C.
- Do not use after expiry date on carton and tube.
- Once opened use within 28 days.

		
		