

Description

Resource® Energy is a 1.5 kcal/ml ready to drink oral nutritional supplement with increased levels of energy and protein. It is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.



Presentation

200ml bottle; prescribing unit 4 x 200ml bottles. 6 units (4 x 200ml bottles) per case (24 bottles). Available in 6 flavours; Apricot, Chocolate, Strawberry/Raspberry, Banana, Coffee, Vanilla.

Indications

ACBS approved, prescribable on FP10 (GP10 in Scotland) for the following indications: disease related malnutrition, short bowel syndrome, intractable malabsorption, bowel fistulae, proven inflammatory bowel disease, dysphagia, pre-operative preparation of undernourished patients and after total gastrectomy. For enteral use only.

Ingredients – Vanilla flavour*

Water, Glucose syrup, Milk proteins, Vegetable oils (Corn, Rapeseed, Soya), Sucrose, Flavouring, Emulsifiers, Stabiliser, Thickener (E407), Acidity regulator, Vitamins and Minerals (see table).

Administration and dosage

Suitable as a sole source of nutrition. Nutritionally complete in 940ml for females and 1000ml for males.

Shelf life and storage

10 months. Best before date: see bottle.
Should be stored unopened in cool, dry conditions.
Once opened, store in a refrigerator and consume within 24 hours.

Contraindications

Not for intravenous use.
Not suitable for children under 3 years of age.

Precautions

To be used with caution in children under 5 years of age.

		Nutrient content per 100ml	Nutrient content per 200ml
General			
Energy	(kcal/kJ)	150/640	300/1280
Protein	(g)	5.6	11.2
Fat	(g)	5	10
of which saturates	(g)	0.7	1.4
Carbohydrates	(g)	21	42
of which sugars	(g)	5.7	11.4
Lactose	(g)	<0.5	<1
Fibre	(g)	<0.5	<1
Gluten free	✓		
Clinically nil lactose	✓		
Vitamins			
Vitamin A	(mcg RE)	159	318
Vitamin D	(mcg)	1.88	3.75
Vitamin E	(mg α-TE)	3.33	6.67
Vitamin K	(mcg)	14	28
Vitamin B ₁	(mg)	0.2	0.4
Vitamin B ₂	(mg)	0.25	0.5
Vitamin B ₆	(mg)	0.35	0.7
Vitamin B ₁₂	(mcg)	0.45/0.63	0.9/1.26
Vitamin C	(mg)	15	30
Biotin	(mcg)	6	12
Folic acid	(mcg)	55	110
Niacin	(mg/mg NE)	1.3/2.5/1.2/2.4	2.6/5/2.4/4.8
Pantothenic acid	(mg)	1	2
Minerals & trace elements			
Sodium	(mg/mmol)	80/3.5/65/2.8	160/7/130/5.6
Potassium	(mg/mmol)	170/4.4	340/8.8
Calcium	(mg/mmol)	80/2	160/4
Magnesium	(mg/mmol)	28/1.2	56/2.4
Phosphorous	(mg/mmol)	80/2.6	160/5.2
Chloride	(mg/mmol)	180/5.1/85/2.4	360/10.2/170/4.8
Iron	(mg)	1.7	3.3
Copper	(mg)	0.18/0.22	0.36/0.44
Manganese	(mg)	350/420	700/840
Zinc	(mg)	1.7	3.4
Fluoride	(mg)	0.15	0.3
Iodine	(mcg)	18	36
Chromium	(mcg)	7.5/12	15/24
Molybdenum	(mcg)	15	30
Selenium	(mcg)	10/11	20/22
Osmolarity = 445-480 mOsm/L		Osmolarity = 600-650 mOsm/kg	
Figures in red are for Chocolate			

* See individual packs for other flavours