

NUTILIS COMPLETE DRINK LEVEL 3



Description

Nutlis Complete Drink Level 3 is a Food for Special Medical Purposes for use under medical supervision. Nutlis Complete Drink Level 3 is a pre-thickened, nutritionally complete*, high energy (2.45kcal/ml), ready to drink, milkshake style nutritional supplement, containing 4g fibre per bottle, for the dietary management of disease related malnutrition and dysphagia.

Nutlis Complete Drink Level 3 is suitable for patients with swallowing difficulties requiring a Level 3 consistency. It can be used to supplement the diet of patients unable to meet their nutritional requirements from other foods, or as a sole source of nutrition.

Available in 125ml plastic bottles in five flavours: vanilla, strawberry, chocolate, lemon tea, and mango passion fruit.

Indications

For enteral use only. ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: dysphagia; short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; bowel fistulae; disease related malnutrition.

Contraindications

Not suitable for children under 3 years of age. Not suitable for patients with galactosaemia. Not suitable for patients requiring a fibre free diet.

Precautions

Not suitable as a sole source of nutrition in children under 6 years of age.

Use with caution in children aged 3-6 years.

Monitor fluid intake to ensure adequate hydration status.

Directions for use

Nutlis Complete Drink Level 3 is best served chilled. Shake well before opening.

Storage

Store in a dry, cool place (5-25°C). Shake well before use.

Once opened, close bottle and store in a refrigerator for a maximum of 24 hours.

Shelf life

12 months. Best before date: see side of bottle.

Ingredients (Vanilla flavour**)

Cow's milk proteins, water, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), cow's milk protein caseinates, dietary fibres (inulin, oligofructose, arabic gum, soy polysaccharides, cellulose, resistant starch), sugar, sodium citrate, flavourings, emulsifier (soy lecithin), potassium hydroxide, potassium di hydrogen phosphate, magnesium chloride, choline chloride, potassium citrate, ascorbic acid, colour (β-carotene), magnesium citrate, magnesium hydrogen phosphate, stabiliser (carrageenan), iron pyrophosphate, calcium hydrogen phosphate, zinc sulphate, nicotinamide, manganese sulphate, sodium selenite, copper sulphate, calcium D-pantothenate, DL-α tocopheryl acetate, colour (paprika extract), thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, sodium fluoride, retinyl acetate, chromium chloride, pteroylmonoglutamic acid, sodium molybdate, potassium iodide, phytomenadione, D-biotin, cholecalciferol, cyanocobalamin.

NUTILIS COMPLETE DRINK LEVEL 3 IS GLUTEN FREE.

*Nutritionally complete in 5 bottles (using a 19-50 year old males RNI for a comparator (excluding Na, K, Cl and Mg).

**For all other flavours please see individual packaging.

AVERAGE CONTENTS**	UNIT	per 100ml	per 125ml bottle
Energy:	kcal	245	306
	kJ	1025	1281
Protein:	g	9.6	12.0
nitrogen	g	1.5	1.9
% of total energy	%	16	16
Carbohydrate:	g	29.1	36.4
polysaccharides	g	23.3	29.1
sugars	g	5.4	6.8
- lactose	g	0.2	0.3
% of total energy	%	48	48
Fat:	g	9.3	11.6
saturates	g	1.0	1.3
- monounsaturates	g	5.7	7.1
- polyunsaturates	g	2.7	3.4
% of total energy	%	34	34
Dietary fibre:	g	3.2	4.0
soluble	g	2.6	3.3
insoluble	g	0.7	0.8
% of total energy	%	2	2
Minerals:			
sodium	mg (mmol)	90 (3.9)	113 (4.9)
potassium	mg (mmol)	260 (6.6)	325 (8.3)
chloride	mg (mmol)	99 (2.8)	124 (3.5)
calcium	mg (mmol)	180 (4.5)	225 (5.6)
phosphorus	mg (mmol)	165 (5.3)	206 (6.6)
magnesium	mg (mmol)	36 (1.5)	45 (1.9)
iron	mg	3.8	4.8
zinc	mg	2.9	3.6
copper	mg	0.43	0.54
manganese	mg	0.82	1.03
fluoride	mg	0.25	0.31
molybdenum	µg	24	30
selenium	µg	14	18
chromium	µg	16	20
iodine	µg	32	40
Vitamins:			
vitamin A	µg	290	363
vitamin D	µg	1.7	2.1
vitamin E	mg (α-TE)	3.0	3.8
vitamin K	µg	13	16
thiamin	mg	0.36	0.45
riboflavin	mg	0.40	0.50
niacin	mg (mg NE)	2.0 (4.3)	2.5 (5.4)
pantothenic acid	mg	1.3	1.6
vitamin B6	mg	0.42	0.53
folic acid	µg	64	80
vitamin B12	µg	0.50	0.63
biotin	µg	9.6	12.0
vitamin C	mg	24	30
Others:			
choline	mg	88	110
Water:	g	62	78
osmolality	mOsmol/l	495	495
osmolality	mOsmol/kg H ₂ O	800	800
potential renal solute load	mOsmol/l	735	735
pH		6.8	6.8