

Nutrison

Energy

Nutrison Energy is a Food for Special Medical Purposes for use under medical supervision. Nutrison Energy is a 1.5kcal/ml tube feed for the dietary management of disease related malnutrition in patients with higher energy needs. Nutrison Energy is nutritionally complete in 1500kcal. Suitable as a sole source of nutrition.



i Product not available for online sampling.

Product	Order Code	PIP code
Nutrison Energy 500ml Optri bottle	632054	267-2673
Nutrison Energy 1500ml Pack	66040	264-9010
Nutrison Energy 1000ml Optri	632199	236-4099

Indications

For enteral use only. ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition.

Contra-Indications

Not suitable for infants. Not suitable for patients with galactosaemia.

Precautions

Use with caution in children aged 1-6 years. Careful monitoring is required.

Preparation and directions for usage

Shake well before opening. Use at room temperature. Packs and collapsible bottles can be attached directly to a Flocare giving set. Maximum hanging time: 24 hours.

Ingredients

Water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil, MCT oil (coconut oil, palm kernel oil)), whey protein (from cow's **milk**), cow's **milk** protein caseinate, pea protein, **soy** protein, emulsifier (**soy** lecithin), magnesium hydrogen phosphate, potassium citrate, sodium citrate, calcium carbonate, **fish** oil, potassium chloride, potassium hydroxide, tri calcium phosphate, carotenoids (contains **soy**) (β - carotene, lutein, lycopene oleoresin from tomatoes), choline chloride, sodium chloride, sodium L-ascorbate, ferrous lactate, zinc sulphate, nicotinamide, DL-alpha-tocopheryl acetate, retinyl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, D-biotin,

cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, riboflavin, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin. **Allergy Advice:** For allergens, see ingredients in **bold**.

Shelf life

12 months. Best before date: see top of pack or Optri bottle, or back of plastic bottle.

Storage

Store in a cool, dry place (5-25°C) and away from direct sunlight. Once opened, aseptically handled packs can be kept for a maximum of 24 hours. Once opened, close the Optri/plastic bottle and store in a refrigerator for a maximum of 24 hours. Discard any unused contents after 24 hours.

Suitability

Halal and Kosher

This is intended to show suitability of products for religious or dietary reasons. Some products may be suitable for kosher or halal diets but only products with Kosher approval or Halal certification have been identified here. Some individual flavours/variants may not be suitable and for more information please call our Resource Centre.

Macro-Nutrients

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Energy	kcal	150	750	1500	2250
Energy	kJ	630	3150	6300	9450

Protein	g	6.0	30.0	60.0	90.0
nitrogen	g	1.0	5.0	10.0	15.0
Protein	% of total energy	16	16	16	16
Carbohydrate	g	18.3	91.5	183.0	274.5
polysaccharides	g	17.0	85.0	170.0	255.0
sugars	g	1.1	5.5	11.0	16.5
- lactose	g	<0.025	<0.125	<0.250	<0.375
Carbohydrate	% of total energy	49	49	49	49
Fat	g	5.8	29.0	58.0	87.0
saturates	g	1.5	7.5	15.0	22.5
- of which MCT	g	0.9	4.5	9.0	13.5
monounsaturates	g	3.3	16.5	33.0	49.5
polyunsaturates	g	1.1	5.5	11.0	16.5
- EPA	mg	20.0	100.0	200.0	300.0
- DHA	mg	13.7	68.5	137	205.5

Fat	% of total energy	35	35	35	35
Fibre	g	<0.1	<0.5	<1.0	<1.5

Vitamins

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Vitamin A	(µg)	123	615	1230	1845
Vitamin D	µg	1.5	7.5	15.0	22.5
Vitamin E	mg (α-TE)	1.9	9.5	19.0	28.5
Vitamin K	µg	8.0	40.0	80.0	120
Thiamin	mg	0.23	1.15	2.30	3.45
Riboflavin	mg	0.24	1.20	2.40	3.60
Niacin	mg (mg NE)	1.31 (2.7)	6.55 (13.5)	13.1 (27.0)	19.7 (40.5)
Pantothenic acid	mg	0.80	4.00	8.00	12.00
Vitamin B6	mg	0.26	1.30	2.60	3.90
Folic acid	µg	40	200	400	600
Vitamin B12	µg	0.32	1.60	3.20	4.80

Biotin	µg	6.0	30.0	60.0	90.0
Vitamin C	mg	15	75	150	225

Minerals

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Sodium	mg (mmol)	134 (5.8)	670 (29.1)	1340 (58.3)	2010 (87.4)
Potassium	mg (mmol)	201 (5.1)	1005 (25.8)	2010 (51.5)	3015 (77.3)
Chloride	mg (mmol)	100 (2.8)	500 (14.1)	1000 (28.2)	1500 (42.3)
Calcium	mg (mmol)	108 (2.7)	540 (13.5)	1080 (27.0)	1620 (40.5)
Phosphorus	mg (mmol)	108 (3.5)	540 (17.4)	1080 (34.8)	1620 (52.3)
Phosphate	mg (mmol)	331 (3.5)	1655 (17.4)	3310 (34.8)	4965 (52.3)
Magnesium	mg (mmol)	34 (1.4)	170 (7.1)	340 (14.2)	510 (21.3)
Iron	mg	2.4	12.0	24.0	36.0
Zinc	mg	1.8	9.0	18.0	27.0
Copper	mg	0.27	1.35	2.70	4.05
Manganese	mg	0.50	2.50	5.00	7.50

Fluoride	mg	0.15	0.75	1.50	2.25
Molybdenum	µg	15	75	150	225
Selenium	µg	8.6	43.0	86.0	129
Chromium	µg	10	50	100	150
Iodine	µg	20	100	200	300

Other nutrient information

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Carotenoids	mg	0.30	1.50	3.00	4.50
Choline	mg	55	275	550	825
Water	g	78	390	780	1170
Osmolarity	mOsmol/l	360	360	360	360
Osmolality	mOsmol/kgH ₂ O	460	460	460	460
Potential renal solute load	mOsmol/l	519	519	519	519
pH		6.9	6.9	6.9	6.9

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Important notice

For enteral use only.

Nutricia offers access to a wide range of support services and resources including:

- • Our free Sampling Service to order product samples and have them sent to your patients' homes.
- • A range of CPD accredited e-learning programmes.
- • Order free paper copies of our support tools for yourself or to use with your patients.
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