

Nutrison

Energy Multi Fibre

Nutrison Energy Multi Fibre is a Food for Special Medical Purposes for use under medical supervision. Nutrison Energy Multi Fibre is a 1.5kcal/ml tube feed with fibre for the dietary management of disease related malnutrition in patients with higher energy needs. Nutrison Energy Multi Fibre is nutritionally complete in 1500kcal. Suitable as a sole source of nutrition.



i Product not available for online sampling.

Product	Order Code	PIP code
Nutrison Energy Multi Fibre 500ml Optri bottle	632035	282-2039
Nutrison Energy Multi Fibre 1000ml Optri	632196	282-2047
Nutrison Energy Multi Fibre 1500ml Pack	547373	291-6864

Indications

For enteral use only. ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition.

Contra-Indications

Not suitable for infants. Not suitable for patients with galactosaemia or patients requiring a fibre free diet.

Precautions

Use with caution in children aged 1-6 years. Careful monitoring is required.

Preparation and directions for usage

Shake well before opening. Use at room temperature. Packs OpTri bottles can be attached directly to a Flocare giving set. Maximum hanging time: 24 hours. Plastic bottles can be attached to a Flocare Pack giving set using a Flocare Universal Adaptor. Clean bottle top with an alcohol swab before opening. Maximum hanging time: 8 hours.

Ingredients

Water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil, MCT oil (coconut oil, palm kernel oil)), glucose syrup, whey protein (from cow's **milk**), dietary fibres (inulin, oligofructose, arabic gum, **soy** polysaccharides, cellulose, resistant starch), cow's **milk** protein caseinate, pea protein, **soy** protein, emulsifier (**soy** lecithin), potassium citrate, sodium citrate, magnesium hydrogen phosphate, calcium carbonate, **fish** oil, potassium chloride, potassium hydroxide,

carotenoids ((contains **soy**) (beta-carotene, lutein, lycopene oleoresin from tomatoes)), choline chloride, sodium chloride, sodium L-ascorbate, magnesium carbonate, ferrous lactate, zinc sulphate, nicotinamide, DL-alpha-tocopheryl acetate, retinyl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, riboflavin, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin. **Allergy Advice:** For allergens, see ingredients in **bold**.

Shelf life

12 months. Best before date: see top of pack and Optri bottle, or back of plastic bottle.

Storage

Store in a cool, dry place (5-25°C) and away from direct sunlight. Once opened, aseptically handled packs can be kept for a maximum of 24 hours. Once opened, close the Optri/plastic bottle and store in a refrigerator for a maximum of 24 hours. Discard any unused contents after 24 hours.

Suitability

Halal and Kosher

This is intended to show suitability of products for religious or dietary reasons. Some products may be suitable for kosher or halal diets but only products with Kosher approval or Halal certification have been identified here. Some individual flavours/variants may not be suitable and for more information please call our Resource Centre.

Macro-Nutrients

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Energy	kcal	153	765	1530	2295

Energy	kJ	640	3200	6400	9600
Protein	g	6.0	30	60	90
nitrogen	g	1.0	5.0	10	15
Protein (of total energy)	%	16	16	16	16
Carbohydrate	g	18.4	92	184	276
polysaccharides	g	15.7	78.5	157	235.5
sugars	g	2.4	12	24	36
- lactose	g	<0.025	<0.125	<0.250	<0.375
Carbohydrate (of total energy)	%	48	48	48	48
Fat	g	5.8	29	58	87
saturates	g	1.5	7.5	15	22.5
- of which MCT	g	0.9	4.5	9.0	13.5
monounsaturates	g	3.3	16.5	33	49.5
polyunsaturates	g	1.1	5.5	11	16.5

- EPA	mg	20.0	100	200	300
- DHA	mg	13.7	68.5	137	205.5
Fat (of total energy)	%	34	34	34	34
Fibre	g	1.5	7.5	15	22.5
- soluble Fibre	g	1.2	6.0	12	18
- insoluble Fibre	g	0.3	1.5	3.0	4.5
Fibre (of total energy)	%	2.0	2.0	2.0	2.0

Vitamins

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Vitamin A	(µg)	123	615	1230	1845
Vitamin D	µg	1.5	7.5	15	22.5
Vitamin E	(mg (α-TE))	1.9	9.5	19	28.5
Vitamin K	µg	8.0	40	80	120
Thiamin	mg	0.23	1.15	2.3	3.45

Riboflavin	mg	0.24	1.2	2.4	3.6
Niacin	mg (mg NE)	1.3 (2.7)	6.5 (13.5)	13 (27)	19.5 (40.5)
Pantothenic acid	mg	0.80	4.0	8.0	12
Vitamin B6	mg	0.26	1.3	2.6	3.9
Folic acid	µg	40	200	400	600
Vitamin B12	µg	0.32	1.6	3.2	4.8
Biotin	µg	6.0	30	60	90
Vitamin C	mg	15	75	150	225

Minerals

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Sodium	mg (mmol)	134 (5.8)	670 (29)	1340 (58)	2010 (87)
Potassium	mg (mmol)	201 (5.1)	1005 (25.5)	2010 (51)	3015 (76.5)
Chloride	mg (mmol)	100 (2.8)	500 (14)	1000 (28)	1500 (42)
Calcium	mg (mmol)	84 (2.1)	420 (10.5)	840 (21)	1260 (31.5)
Phosphorus	mg (mmol)	84 (2.7)	420 (13.5)	840 (27)	1260 (40.5)

Phosphate	mg (mmol)	256 (2.7)	1280 (13.5)	2560 (27)	3840 (40.5)
Magnesium	mg (mmol)	30 (1.2)	150 (6)	300 (12)	450 (18)
Iron	mg	2.4	12	24	36
Zinc	mg	1.8	9.0	18	27
Copper	mg	0.27	1.35	2.7	4.05
Manganese	mg	0.50	2.5	5.0	7.5
Fluoride	mg	0.15	0.75	1.5	2.25
Molybdenum	µg	15	75	150	225
Selenium	µg	8.6	43	86	129
Chromium	µg	10	50	100	150
Iodine	µg	20	100	200	300

Other nutrient information

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Carotenoids	mg	0.30	1.5	3.0	4.5
Choline	mg	55	275	550	825

Water	g	76	380	760	1140
Osmolarity	mOsmol/l	390	390	390	390
Osmolality	mOsmol/kgH2O	500	500	500	500
Potential renal solute load	mOsmol/l	504	504	504	504
pH		6.9	6.9	6.9	6.9

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Important notice

For enteral use only.

Nutricia offers access to a wide range of support services and resources including:

- Our free Sampling Service to order product samples and have them sent to your patients' homes.
- A range of CPD accredited e-learning programmes.
- Order free paper copies of our support tools for yourself or to use with your patients.
- Sign up to receiving marketing communications and be the first to know about our free educational events & webinars, the latest scientific research and product updates.

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