

Nutrison Energy Multi Fibre Vanilla

Description

Nutrison Energy Multi Fibre Vanilla is a Food for Special Medical Purposes for use under medical supervision. Nutrison Energy Multi Fibre Vanilla is a 1.5kcal/ml nutritionally complete, ready to use supplement with fibre, for the dietary management of disease related malnutrition in patients who require bolus feeding or those unable to meet their nutritional requirements from other foods. Nutrison Energy Multi Fibre Vanilla is nutritionally complete in 1500kcal. Suitable as a sole source of nutrition. Available in 200ml bottles.

Indications

For enteral use only. ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition.

Contraindications

Not suitable for children under 3 years of age. Not suitable for patients with galactosaemia or patients requiring a fibre free diet.

Precautions

Use with caution in children aged 3-6 years. Careful monitoring is required.

Directions for use

Nutrison Energy Multi Fibre Vanilla is ready to drink and is best served chilled. Shake well before use. If administered through a feeding tube, use at room temperature. Maximum hanging time: 4 hours.

Storage

Store in a dry, cool place (5-25°C) and away from direct sunlight. Once opened, store bottles in a refrigerator for a maximum of 24 hours.

Shelf life

12 months. Best before date: see side of bottle.

Ingredients*

Water, maltodextrin, cow's milk proteins, sugar, vegetable oils (rapeseed oil, sunflower oil), dietary fibres (**soy** polysaccharides, inulin, oligofructose, resistant starch, arabic gum, cellulose), potassium citrate, emulsifier (**soy** lecithin), flavouring, magnesium chloride, tri calcium phosphate, acidity regulator (citric acid), choline chloride, carotenoids ((contains soy lecithin) β -carotene, lutein, lycopene), potassium hydroxide, calcium hydroxide, sodium L-ascorbate, ferrous lactate, magnesium hydroxide, zinc sulphate, colour (curcumin), nicotinamide, copper gluconate, retinyl acetate, DL- α -tocopheryl acetate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, sodium fluoride, riboflavin, potassium iodide, phytomenadione.

NUTRISON ENERGY MULTI FIBRE VANILLA IS GLUTEN & LACTOSE FREE.

AVERAGE CONTENTS	UNIT	per 100ml per 200ml	
Energy:	kcal	154	308
	kJ	645	1290
Protein:	g	6.0	12.0
nitrogen	g	1.0	2.0
% of total energy	%	16	16
Carbohydrate:	g	18.4	36.8
polysaccharides	g	11.3	22.6
sugars	g	6.8	13.6
- lactose	g	<0.025	<0.050
% of total energy	%	47	47
Fat:	g	5.8	11.6
saturates	g	0.6	1.2
- of which MCT	g		
monounsaturates	g	3.5	7.0
polyunsaturates	g	1.7	3.4
% of total energy	%	34	34
Dietary fibre:	g	2.2	4.4
soluble	g	1.4	2.8
insoluble	g	0.8	1.6
% of total energy	%	3	3
Minerals:			
sodium	mg (mmol)	89 (3.9)	178 (7.8)
potassium	mg (mmol)	159 (4.1)	318 (8.2)
chloride	mg (mmol)	86 (2.4)	172 (4.8)
calcium	mg (mmol)	91 (2.3)	182 (4.6)
phosphorus	mg (mmol)	77 (2.5)	154 (5.0)
phosphate	mg (mmol)	236 (2.4)	472 (4.8)
magnesium	mg (mmol)	24 (1.0)	48 (2.0)
iron	mg	2.4	4.8
zinc	mg	1.8	3.6
copper	mg	0.27	0.54
manganese	mg	0.50	1.00
fluoride	mg	0.15	0.30
molybdenum	µg	15	30
selenium	µg	8.6	17.2
chromium	µg	10	20
iodine	µg	20	40
Vitamins:			
vitamin A	µg RE	123	246
vitamin D	µg	1.1	2.2
vitamin E	mg α -TE	1.9	3.8
vitamin K	µg	8.0	16.0
thiamin	mg	0.23	0.46
riboflavin	mg	0.24	0.48
niacin	mg (mg NE)	1.3 (2.7)	2.6 (5.4)
pantothenic acid	mg	0.80	1.60
vitamin B6	mg	0.26	0.52
folic acid	µg	40	80
vitamin B12	µg	0.32	0.64
biotin	µg	6.0	12.0
vitamin C	mg	15	30
Others:			
carotenoids	mg (µg RE)	0.30	0.60
choline	mg	55	110
Water:	g	76	152
osmolarity	mOsmol/l	455	455
osmolality	mOsmol/kg H ₂ O	600	600
potential renal solute load	mOsmol/l	469	469
acidity	pH	6.7	6.7