

Nutrison Multi Fibre

Nutrison Multi Fibre is a Food for Special Medical Purposes for use under medical supervision. Nutrison Multi Fibre is a 1kcal/ml tube feed with fibre for the dietary management of disease related malnutrition. Nutrison Multi Fibre is nutritionally complete in 1500kcal. Suitable as a sole source of nutrition.



i Product not available for online sampling.

Product	Order Code	PIP code
Nutrison Multi Fibre 500ml Optri bottle	632007	268-5261
Nutrison Multi Fibre 1000ml Optri	632193	260-8479
Nutrison Multi Fibre 1500ml Pack	66003	264-9002

Indications

For enteral use only. ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: short bowel syndrome; intractable malabsorption; pre-operative preparation of undernourished patients; inflammatory bowel disease; total gastrectomy; dysphagia; bowel fistulae; disease related malnutrition.

Contra-Indications

Not suitable for infants. Not suitable for patients with galactosaemia or patients requiring a fibre free diet.

Precautions

Use with caution in children aged 1-6 years. Careful monitoring is required.

Preparation and directions for usage

Shake well before opening. Use at room temperature. Packs and OpTri bottles can be attached directly to a FloCare giving set. Maximum hanging time: 24 hours.

Ingredients

Water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil, MCT oil (coconut oil, palm kernel oil)), dietary fibres (**soy** polysaccharides, resistant starch, inulin, arabic gum, cellulose, oligofructose), whey protein (from cow's **milk**), cow's **milk** protein caseinate, pea protein, **soy** protein, emulsifier (**soy** lecithin), acidity regulator (citric acid), sodium chloride, **fish** oil, potassium hydroxide, tri calcium phosphate, di potassium hydrogen phosphate, potassium citrate, carotenoids (contains **soy**) (beta - carotene, lutein, lycopene oleoresin from tomatoes), calcium hydroxide, potassium chloride, choline chloride, magnesium hydroxide, sodium L-

ascorbate, magnesium hydrogen phosphate, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, DL-alpha-tocopheryl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, cholecalciferol, D-biotin, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, riboflavin, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin. **Allergy Advice:** For allergens, see ingredients in **bold**.

Shelf life

12 months. Best before date: see top of Pack or OpTri bottle.

Storage

Store in a cool, dry place (5-25°C) and away from direct sunlight. Once opened, aseptically handled packs can be kept for a maximum of 24 hours. Once opened, close the collapsible/Optri bottle and store in a refrigerator for a maximum of 24 hours. Discard any unused contents after 24 hours.

Suitability

Halal and Kosher

This is intended to show suitability of products for religious or dietary reasons. Some products may be suitable for kosher or halal diets but only products with Kosher approval or Halal certification have been identified here. Some individual flavours/variants may not be suitable and for more information please call our Resource Centre.

Macro-Nutrients

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Energy	kcal	103	515	1030	1545

Energy	kJ	430	2150	4300	6450
Protein	g	4.0	20.0	40	60
nitrogen	g	0.6	3.0	6.0	9.0
Protein	% of total energy	16	16	16	16
Carbohydrate	g	12.3	61.5	123	184.5
polysaccharides	g	11.3	56.5	113	169.5
sugars	g	0.8	4.0	8.0	12
- lactose	g	<0.025	<0.125	<0.250	<0.375
Carbohydrate	% of total energy	47	47	47	47
Fat	g	3.9	19.5	39	58.5
saturates	g	1.0	5.0	10	15
- of which MCT	g	0.6	3.0	6.0	9.0
monounsaturates	g	2.2	11	22	33
polyunsaturates	g	0.7	2.5	5.0	7.5
- EPA	mg	20.0	100.0	200.0	300.0

- DHA	mg	13.6	68	136	204
Fat	% of total energy	34	34	34	34
Fibre	g	1.5	7.5	15	22.5
Soluble	g	0.7	3.5	7.0	10.5
Insoluble	g	0.8	5.0	10.0	15.0
Fibre	% of total energy	3	3	3	3

Vitamins

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Vitamin A	(µg)	82	410	820	1230
Vitamin D	µg	1.0	5.0	10	15
Vitamin E	(mg (α-TE))	1.3	6.5	13.0	19.5
Vitamin K	µg	5.3	26.5	53.0	79.5
Thiamin	mg	0.15	0.75	1.50	2.25
Riboflavin	mg	0.16	0.80	1.60	2.40
Niacin	mg (mg NE)	0.9 (1.8)	4.5 (9.0)	9.0 (18.0)	13.5 (27.0)

Pantothenic acid	mg	0.53	2.65	5.30	7.95
Vitamin B6	mg	0.17	0.85	1.70	2.55
Folic acid	µg	27	135	270	405
Vitamin B12	µg	0.21	1.05	2.10	3.15
Biotin	µg	4.0	20	40	60
Vitamin C	mg	10	50	100	150

Minerals

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Sodium	mg (mmol)	100 (4.3)	500 (21.7)	1000 (43.5)	1500 (65.2)
Potassium	mg (mmol)	150 (3.8)	750 (19.2)	1500 (38.5)	2250 (57.7)
Chloride	mg (mmol)	125 (3.5)	625 (17.6)	1250 (35.2)	1875 (52.8)
Calcium	mg (mmol)	80 (2.0)	400 (10.0)	800 (20.0)	1200 (30.0)
Phosphorus	mg (mmol)	72 (2.3)	360 (11.6)	720 (23.2)	1080 (34.8)
Phosphorus	phosphate	221 (2.3)	1105 (11.6)	2210 (23.2)	3315 (34.8)
Magnesium	mg (mmol)	23 (0.9)	115 (4.8)	230 (9.6)	345 (14.4)

Iron	mg	1.6	8.0	16	24
Zinc	mg	1.2	6.0	12	18
Copper	mg	0.18	0.9	1.8	2.7
Manganese	mg	0.33	1.65	3.30	4.95
Fluoride	mg	0.10	0.50	1.00	1.50
Molybdenum	µg	10	50	100	150
Selenium	µg	5.7	28.5	57.0	85.5
Chromium	µg	6.7	33.5	67.0	100.5
Iodine	µg	13	65	130	195

Other nutrient information

Nutrients	Unit	per 100ml	per 500ml	per 1000ml	per 1500ml
Carotenoids	mg	0.20	1.00	2.00	3.00
Choline	mg	37	185	370	555
Water	g	83	415	830	1245
Osmolarity	mOsmol/l	250	250	250	250

Osmolality	mOsmol/kgH2O	300	300	300	300
Potential renal solute load	mOsmol/l	364	364	364	364
pH		6.8	6.8	6.8	6.8

[Discover similar products](#)



Important notice

For enteral use only.

Nutricia offers access to a wide range of support services and resources including:

- Our free Sampling Service to order product samples and have them sent to your patients' homes.
- A range of CPD accredited e-learning programmes.
- Order free paper copies of our support tools for yourself or to use with your patients.
- Sign up to receiving marketing communications and be the first to know about our free educational events & webinars, the latest scientific research and product updates.

[Register today for free](#)