

Paediatric Seravit



Description

A vitamin, mineral and trace element mixture on a carbohydrate base containing only trace amounts of sodium, potassium and chloride.

Available in Unflavoured and Pineapple flavour



Nutrition Information

Per
100g

Energy kJ	1139	1275
kcal	268	300
Protein g		nil added
Carbohydrate g	67	75
of which sugars g	29.4	6.75
Fat g		nil added
Fibre g		nil added

Vitamins

Vitamin A mcg		4200
Vitamin D3 mcg		55.5
Vitamin E mg α T.E.		21.4
Vitamin C mg		400
Vitamin K1 mcg		166
Thiamin mg		3.2
Riboflavin mg		4.4
Niacin mg		35
Niacin equivalent mg NE		35
Vitamin B ₆ mg		3.4
Folic acid mcg		303
Vitamin B ₁₂ mcg		8.6
Biotin mcg		214
Pantothenic acid mg		17
Choline mg		350
Inositol mg		700

Minerals

Sodium mg		<20
mmol		<0.9
Potassium mg		<30
mmol		<0.8
Chloride mg		<20
mmol		<0.6
Calcium mg		2570
Phosphorus mg		1714
Magnesium mg		357

Trace Elements

Iron mg		69
Copper mg		4.6
Zinc mg		46
Manganese mg		4.6
Iodine mcg		332
Molybdenum mcg		351
Selenium mcg		137
Chromium mcg		137

Osmolalities

Unflavoured Paediatric Seravit:

14g powder plus 70ml water (i.e. 1 to 5 w/v dilution) = 494 mosm/kg of water.

14g powder plus 140ml water (i.e. to 10 w/v dilution) = 243 mosm/kg of water.

Pineapple Paediatric Seravit:

14g powder plus 70ml water (i.e. 1 to 5 w/v dilution) = 638 mosm/kg of water.

14g powder plus 140ml water (i.e. to 10 w/v dilution) = 316 mosm/kg of water.

Presentation

200g tubs

Note: Where a flavour variation occurs, information is represented by colour.



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Indications

Paediatric Seravit may be used as the vitamin and mineral supplement in any restrictive therapeutic diet, e.g. inborn errors of amino acid metabolism, elimination diets, low protein diets for the management of chronic renal or liver disease or as a component of a modular feed.

Precautions

Must only be used under strict medical supervision. Not intended for use as the sole source of nutrition. Not for parenteral use.

Paediatric Seravit suitable from birth, Pineapple flavour from six months of age.

Preparation and administration

The dosage should be determined by a clinician or dietician only, and is dependent on the age, body weight and medical condition of the patient.

The suggested dosage may need lowering if vitamins, minerals and trace elements are provided in the diet from other sources.

It is advisable to check the vitamin and mineral intake of patients with recommendations on nutrient intake. When Paediatric Seravit is administered, care must be taken to ensure that a complete, balanced diet is provided for the patient.

Suggested intake of Paediatric Seravit (Unflavoured)

Age	g/day
0-6 months	14
6-12 months	17
1-7 years	17-25
7-14 years	25-35

One yellow No 4 scoop contains approximately 5g of Paediatric Seravit.

1. The usual method of administration for younger infants is to weigh out the required amount of Paediatric Seravit and add to the daily formula feed. If the feed is made up three times daily, divide the Paediatric Seravit into three equal portions and add to each feed.

2. Paediatric Seravit can be taken as a drink or paste over the age of six months. If taken as a paste, water or diluted drinks should be offered at the same time.

3. If preferred, the unflavoured drink or paste may be flavoured with a suitable flavouring from the Modjul flavour range.

Flavouring is not recommended for infants less than six months old.

4. Once reconstituted, Paediatric Seravit should be refrigerated if not for immediate use, and must not be kept longer than 24 hours from time of preparation. Shake or stir immediately before use.

Storage

Store in a cool, dry place.

Ingredients

Dried glucose syrup, calcium glycerophosphate, citric acid, magnesium acetate, calcium lactate, choline bitartrate, inositol, ascorbic acid, ferrous sulphate, zinc sulphate, nicotinamide, DL-alpha tocopheryl acetate, manganese sulphate, calcium-D-pantothenate, copper sulphate, vitamin A acetate, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, sodium molybdate, chromium sulphate, potassium iodide, folic acid, sodium hydrogen selenite, vitamin K1, D-biotin, vitamin D3, cyanocobalamin.

Ingredients shown for Paediatric Seravit unflavoured, for Pineapple flavour ingredients please contact Nutricia.