

Peptamen[®] Vanilla

Description

Peptamen[®] Vanilla is a 1.0 kcal/ml liquid sip feed formulated for optimal digestion and absorption for patients with impaired GI function. It is a 100% whey protein formula with 70% fat as MCT. Peptamen[®] Vanilla is a nutritionally complete Food for Special Medical Purposes for use under medical supervision.

Presentation

Presented ready to use:

200ml bottle; prescribing unit 4 x 200ml. 6 units (4 x 200ml) per case (24 bottles). Available in Vanilla flavour only.

Indications

ACBS approved, prescribable on FP10 (GP10 in Scotland). Indicated for patients as a sole or supplemental source of nutrition on medical grounds for short bowel syndrome, intractable malabsorption, proven inflammatory bowel disease and bowel fistulae.

Ingredients

Water, Maltodextrin, Whey protein (from milk - hydrolysed with pork trypsin), Sucrose, Medium chain triglycerides, Corn starch, Soybean oil, Minerals (Calcium citrate, Sodium phosphate, Potassium phosphate, Sodium chloride, Potassium chloride, Magnesium chloride, Magnesium oxide, Potassium citrate, Ferrous sulphate, Zinc sulphate, Manganese sulphate, Copper sulphate, Sodium fluoride, Chromium chloride, Potassium iodide, Sodium selenite, Sodium molybdate), Emulsifiers (Soya lecithin, E471), Flavouring, Thickener (E412), Vitamins (C, Beta-carotene, E, Niacin, Calcium pantothenate, B₆, A, B₁, B₂, Folic acid, K, Biotin, D), Acidity regulator (E525), Choline chloride, L-carnitine, Taurine, Sweetener (E950).

Administration and dosage

For enteral feeding only. Suitable as a sole source of nutrition. Nutritionally complete in 1600ml (8 x 200ml per day). Can be flavoured with Nestlé Nutrition Flavour Mix. As a guide, add 2 scoops of Nestlé Nutrition Flavour Mix per 100ml to help increase variety. The number of scoops required may be adjusted according to individual taste preference. Best served chilled.

Shelf life and storage

Shelf life of 9 months from date of manufacture. Store unopened at room temperature. Once opened re-cover, refrigerate and use within 24 hours.

Contraindications

Not for intravenous use.

Not suitable for children under 1 year of age.

Precautions

To be used with caution in children under 5 years of age.

Must be used under medical supervision.

Nutrition information

Nutrients		Nutrient content per 100ml	Nutrient content per 200ml
General			
Energy	(kcal/kJ)	100/420	200/840
Protein	(g)	4.0	8.0
% of total energy			16
Fat	(g)	3.7	7.4
% of total energy			33
of which			
saturates	(g)	2.5	5.0
linoleic acid	(g)	0.44	0.88
α-linolenic acid	(g)	0.06	0.12
MCT	(g)	2.5	5.0
Carbohydrates	(g)	12.7	25.4
% of total energy			51
of which			
sugars	(g)	3.3	6.6
lactose	(g)	<0.1	<0.1
Gluten free	✓		
Clinically nil lactose	✓		
Vitamins			
Vitamin A	(mcg RE)	99	198
Vitamin D	(mcg)	1.1	2.2
Vitamin E	(mg α-TE)	1.5	3.0
Vitamin K	(mcg)	6.6	13.2
Vitamin B ₁	(mg)	0.15	0.3
Vitamin B ₂	(mg)	0.15	0.3
Vitamin B ₆	(mg)	0.21	0.42
Vitamin B ₁₂	(mcg)	0.3	0.6
Vitamin C	(mg)	14	28
Biotin	(mcg)	3.6	7.2
Folic acid	(mcg)	33	66
Niacin	(mg)	0.67	1.34
Pantothenic acid	(mg)	0.65	1.3
Choline	(mg)	21	42
Taurine	(mg)	9.5	19
Carnitine	(mg)	9.1	18.2
Minerals & trace elements			
Sodium	(mg/mmol)	74/3.2	148/6.4
Potassium	(mg/mmol)	115/3	230/6
Calcium	(mg/mmol)	50/1.25	100/2.5
Magnesium	(mg/mmol)	20/0.8	40/1.6
Phosphorus	(mg/mmol)	50/1.6	100/3.2
Chloride	(mg/mmol)	75/2.1	150/4.2
Iron	(mg)	1.1	2.2
Copper	(mg)	0.11	0.22
Manganese	(mg)	0.23	0.46
Zinc	(mg)	1.0	2.0
Fluoride	(mg)	0.09	0.18
Iodine	(mcg)	14	28
Chromium	(mcg)	5.0	10
Molybdenum	(mcg)	11	22
Selenium	(mcg)	6.3	12.6
Water	(g)	85.3	170.6

Osmolarity (mOsm/l) = 280* Osmolality (mOsm/kg) = 330**

* Nestlé Nutrition Flavour Mix adds 50-70 mOsm/kg

** Nestlé Nutrition Flavour Mix adds 70-85 mOsm/kg