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		Product Name	POTTERS CHESTY	Pharmacode No	Supplied	
			COUGH PASTILLES	Material	60gsm Opaque	
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		Our Ref	SO41832	Fold Size	140 x 27	
		Proof No	One	View Panel	TITLE TO VIEW	
		Date	04/03/2014	Fold Detail	PARALLEL	
				Packing Details	Shrinkwrapped in trays	
				Colours Front	BLACK	
				Colours Back	BLACK	
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PACKAGING Tel: 01638 660063 Fax: 01638 667128	PRINT DATE					

PACKAGE LEAFLET: INFORMATION FOR THE USER



Menthol, Pumilio Pine Oil & Eucalyptus Oil

READ ALL OF THIS LEAFLET CAREFULLY BEFORE YOU START TAKING THIS MEDICINE BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU.

- Always take this medicine exactly as described in this leaflet.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
- You must contact a doctor if your symptoms worsen or do not improve.

What is in this leaflet

- 1. What this medicine is and what it is used for
- 2. Before you take this medicine
- **3.** How to take this medicine
- 4. Possible side effects
- 5. How to store this medicine
- 6. Contents of the pack and other information

1. What this medicine is and what it is used for

These pastilles contain the active ingredients menthol, pumilio pine oil and eucalyptus oil which effectively relieve the symptoms of catarrh, coughs and colds. These pastilles have expectorant properties which help to decongest and unblock the respiratory system helping to soothe a chesty cough with a warming feeling.

2.Before you take this medicine

Do not

- take these pastilles if you are hypersensitive (allergic) to the active ingredients or any of the other ingredients in this medicine (listed in section 6).
- give to children under 12 years.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medication.

If you are pregnant, or think you may be pregnant please ask your doctor or pharmacist before using these pastilles. They may not be suitable for you.

Important information about some of the ingredients of this medicine

- Each pastille contains a total of 0.5g of sucrose and glucose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this product. This should be taken into account if you have diabetes mellitus.
- The colour carmoisine (E122) in this medicine may cause allergic reactions.

3. How to take this medicine

Always take this medicine exactly as described in this leaflet. Check with your pharmacist if you are not sure.

Dosage

Suck one pastille slowly as required until it dissolves.

 Adults, the Elderly and Children over 12 years: Do not take more than 20 pastilles in 24 hours.

Do not exceed the stated dose.

Not recommended for children under 12 years.

If symptoms persist, consult your doctor.

(continued overleaf)



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If you take too many pastilles: talk to a doctor or pharmacist straight away.

If you have any further questions on the use of this medicine, ask your pharmacist.

4 Possible side effects

Like all medicines, these pastilles can cause side effects, although not everybody gets them.

If you get any of these serious side effects, stop taking this medicine and see a doctor at once:

• Difficulty in breathing, swelling of the face, neck, tongue or throat and rash (severe allergic reactions).

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store this medicine

- Keep out of the reach and sight of children.
- Do not take after the expiry date (last day of the month) printed on the carton after 'Use by'.
- Do not store above 25°C.
- Store in the original package.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other

What this medicine contains Each pastille contains the active ingredients menthol 0.813% w/w, pumilio pine oil 0.604% v/w and eucalyptus oil 0.022% v/w. Also contains: sucrose, liquid glucose, modified starch (tapioca, maize), thymol, marshmallow root liquid extract, carmoisine (E122), vegetable oil, beeswax, water.

What this medicine looks like and contents of the pack

They are red, round pastilles. They are available in packs containing 2 blisters of 10 pastilles (20 pastilles per pack).

They are also available in blister packs of 4, 6, 8, 10, 12, 24 and 30 pastilles in a carton. (Not all pack sizes are marketed.)

Marketing Authorisation Holder and Manufacturer

Ernest Jackson & Co. Ltd., Crediton, Devon, EX17 3AP, UK.

This leaflet was last revised in November 2013

Other formats

To request a copy of this leaflet in Braille, large print or audio please call 01363 636000.

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