PACKAGE LEAFLET: INFORMATION FOR THE USER

Salonpas_®

Pain Relief Patch, Medicated Plaster

(Methyl Salicylate 10% w/w, Levomenthol 3% w/w)

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to use the medicine carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask a pharmacist if you need more information or advice.
- You must contact a doctor if symptoms worsen or do not improve after 3 days.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

- 1. What the medicine is and what it is used for
- 2. Before you use the medicine
- 3. How to use the medicine
- 4. Possible side effects
- 5. How to store the medicine
- 6. Further information

1. WHAT SALONPAS IS AND WHAT IT IS USED FOR

The medicine is used for the symptomatic relief of pain of muscles & joints associated strains and sprains.

2.BEFORE YOU USE SALONPAS Do not use Salonpas

• If you are allergic (hypersensitive) to any of the

- If you are allergic (hypersensitive) to any of the ingredients of the medicine.
 If you have or have had stomach
- If you have or have had stomach ulcer/bleeding or a history of gastrointestinal (stomach) ulcer or chronic dyspepsia (discomfort after eating or heartburn).
- If you are taking similar pain relieving products as the combination can cause additional side effects, if in doubt ask your pharmacist.
- If you have a history of asthma.
- If you have had a severe heart condition.
- If you have severe problems with your kidneys or liver.
- If you are pregnant or breast feeding.
- In children under 18 years of age and adolescents.

The plaster should not be used on open wounds, irritated skin, eyes or mucosa.

Take special care with Salonpas

- If you suffer with allergic conditions or have a history of allergy, especially when taking other pain killers, medicines to reduce fever and other non-steroidal anti-inflammatory drugs (NSAIDs).
- Exercise caution if elderly, as you are generally more prone to adverse side effects.

Prolonged or repeated use of the product can cause sensitisation (hypersensitivity).

Treatment must be stopped if allergic (hypersensitivity) reactions occur.

Using other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Please consult your doctor before using Salonpas if you are taking anticoagulants such as warfarin (medicines that thin your blood)

Pregnancy and breast-feeding

Use during pregnancy and lactation is not recommended.

Driving and using machinesNone Known

Important information about some of the ingredients of Salonpas
None

3.HOW TO USE SALONPAS

Clean and dry the affected area before applying the plaster. Remove the plastic film and apply the adhesive part directly to the skin.

Method of application:









- Bend the plaster and detach the centre part of the film.
- 2 Place on affected area.
- Slide the film backward.
- **4** Slide the other film forward.

Apply 1 plaster to the affected area and leave in place for up to 8 to 12 hours. If pain recurs 8-12 hours lasts after applying the first plaster, a second plaster can be applied.

Only use one plaster at a time. Do not use more than 2 plasters per day. Do not use for more than 3 days in a row.

Not for use in children or adolescents under 18 years of age.

Do not chew or swallow the plaster.

Duration of treatment:

Do not exceed 3 days. If symptoms persist contact your doctor or pharmacist

If you use more Salonpas than you should: If you may have used more the medicine than you should, talk to a doctor or a pharmacist immediately.

No case of overdose has been reported.

If you forget to use Salonpas:

Do not worry, apply the medicine as soon as you remember and then continue with the normal dose. Do not apply a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

Skin irritation such as erythema, pain, pruritus, warmth, rash and discolouration has been reported.

Cases of headache and tinnitus have also been reported.

5. HOW TO STORE SALONPAS Keep out of the reach and sight of children.

Store the medicine below 25°C, in the original package in order to protect from light.

Whenever a plaster is removed from the packaging, carefully re-seal the open side of the sachet to protect the remaining plasters from light.

Do not use Salonpas after the expiry date which is stated on the carton, or more than 3 months after the packaging is first opened.

6. FURTHER INFORMATION

What Salonpas contains:

The active substances are 10% w/w of methyl salicylate and 3% w/w of levomenthol in one plaster.

The other inactive ingredients are alicyclic saturated hydrocarbon resin, liquid paraffin, polyisobutylene, polyisobutylene 1200000, styrene-isoprene-styrene block copolymer, synthetic aluminium silicate, backing cloth and plastic film.

What Salonpas looks like and contents of the pack:

The medicine is a light brown 70 cm² medicated plaster, with a flexible outer cover.

The adhesive layer is protected by a plastic film.

1 pack contains a sachet with 3 or 5 plasters.

Marketing Authorisation Holder:

Hisamitsu UK Ltd. 500 Chiswick High Road, London, W4 5RG, UK

Manufacturer:

Hisamitsu Pharmaceutical Co., Inc. 408 Tashirodaikan-machi, Tosu, Saga, 841-0017, Japan

Responsible for Batch Release:

Penn Pharmaceutical Services Ltd. Tredegar, Gwent, NP22 3AA, UK

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