

**FRONT SIDE**

**BACK SIDE**

**Scholl**

# ADVANCE Athlete's Foot Cream

**Terbinafine Hydrochloride 1% w / w**  
**PACKAGE LEAFLET: INFORMATION FOR THE USER**  
**Read all of this leaflet carefully before you start using this cream because it contains important information for you.**

Always use this cream exactly as described in this leaflet or as your pharmacist told you. This medicine is available without prescription. However, you still need to use this cream carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
- You must talk to a doctor if you do not feel better or if you feel worse after 2 weeks.

**In this leaflet:**

1. What Scholl Advance Athlete's Foot Cream is and what it is used for.
2. What you need to know before you use Scholl Advance Athlete's Foot Cream
3. How to use Scholl Advance Athlete's Foot Cream
4. Possible side effects
5. How to store Scholl Advance Athlete's Foot Cream

**1. What Scholl Advance Athlete's Foot Cream is and what it is used for.**  
 Terbinafine hydrochloride is one of a group of medicines called antifungals, which are used to treat fungal infections. The cream should be used to treat Athlete's foot (tinea pedis). Athlete's foot is a fungal infection that occurs only on the feet (usually both, but not always). It is caused by a common fungus that grows easily in warm, moist conditions. The fungus can be picked up simply by walking through a public shower at the gym or swimming pool.  
 Athlete's foot appears as redness between the toes and an itching or burning sensation. Left untreated, this may develop into cracked and flaking skin between the toes or on the soles of the feet. If you are unsure whether you have athlete's foot, ask your doctor or pharmacist.

**2. What you need to know before you use Scholl Advance Athlete's Foot Cream**  
 Do not use Scholl Advance Athlete's Foot Cream...  
 • If you are allergic to terbinafine hydrochloride or to any of the other ingredients in this cream (listed in section 6).

**Warnings and precautions**  
 Talk to your doctor or pharmacist before using Scholl Advance Athlete's Foot Cream. This cream is for external use only- do not put in your mouth or swallow. If it is swallowed accidentally, contact your doctor or pharmacist immediately.  
 Keep the cream away from your eyes, face and mucous membranes.  
 If the cream does get in your eyes, wipe the cream from around the eye and rinse the eye with clean water. Contact your doctor or pharmacist immediately. Discontinue use if irritation occurs.

**Children and adolescents**  
 Scholl Advance Athlete's Foot Cream is not recommended for use in children under 16 years of age.

**Other Medicines and Scholl Advance Athlete's Foot Cream**  
 There are no known interaction between Scholl Advance Athlete's Foot Cream and other medicines.

**Pregnancy and breast-feeding**

- If you are pregnant or could become pregnant, tell your doctor or pharmacist before using the cream. If you have already told your doctor, follow his/hers instructions carefully.
- If you are breast feeding, talk to your doctor or pharmacist before using this cream.

**Driving and using machines**  
 No available data on the effects on the ability to drive and use machines.

**Excipient Warnings**  
 This medicine contains 10 mg benzyl alcohol in 1 g cream. Benzyl alcohol may cause allergic reactions. Benzyl alcohol may cause mild local irritation  
 This medicine contains cetyl alcohol and stearyl alcohol, which may cause local skin reactions (e.g. contact dermatitis).

**3. How to use Scholl Advance Athlete's Foot Cream**

- Clean and dry the affected area (especially between the toes) and your hands thoroughly, before applying the cream.

- Before use, pierce the tube seal by turning the cap upside down over the end of the tube and pressing. Place a small amount of cream on your finger.
- Apply just enough cream so that there is a thin layer of cream on the affected area and skin just surrounding it, then rub in gently.
- Wash your hands.

It may be helpful to cover the application with a gauze strip, especially at night. If you do use gauze, use a clean, new strip each time.  
 Use the cream once or twice each day for exactly 1 week. If you do not use the cream for long enough it may not work.

The symptoms of fungal skin infections, such as itching or soreness, should improve within a few days of treatment although redness and scaling may take longer to disappear. Your symptoms should continue to improve even after you have stopped using the cream.

If symptoms do not improve within 2 weeks of finishing the treatment consult your doctor or pharmacist. You can help the treatment to work if you follow these simple self-help tips:

- Although the affected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.
- Keep affected skin areas clean and dry, but avoid excessive rubbing.
- To protect yourself from further re-infection, it may be helpful to regularly wash your own towels and socks or tights and not share them with others.

**If you forget to use this cream**  
 It is important to try and use the cream at the correct times as missing applications could risk the infection returning. If you forget an application of the cream, apply the cream as soon as possible and then continue the rest of your treatment as usual. If you only remember at the time of the next application, just apply that application and carry on as normal.  
 If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**  
**Like all medicines, this cream can cause side effects, although not everybody gets them.**

Uncommon (may affect up to 1 in 100 people)

- You may experience redness, stinging and itching after applying the cream.

Rare (may affect up to 1 in 1,000 people)

- People may be allergic to this product which could cause swelling and pain or rashes.
- Not Known (cannot be estimated from the available data)
- Burning sensation after applying the cream and irritation on the site of application

If your symptoms get worse or persist, or you feel you are reacting badly to this medicine in any way, tell your doctor or pharmacist.

**Reporting of side effects**  
 If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

**5. How to store Scholl Advance Athlete's Foot Cream**

- Keep this medicine out of the sight and reach of children
- Do not use the cream after the expiry date, which is printed at one end of the carton and on the end of the tube.
- Once the tube has been open for 2 weeks, do not use the cream. Return it to your local pharmacist who will dispose of it properly.
- If you find that you still have this medicine after its expiry date, return it to your local pharmacist who will dispose of it properly.
- This medicine does not require any special storage conditions

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. Content of the pack and other information**  
 Scholl ADVANCE Athlete's Foot Cream contains 1% by weight of the active ingredient terbinafine hydrochloride. The other ingredients are sodium hydroxide, benzylalcohol, sorbitan stearate, cetyl palmitate, cetylalcohol, stearylalcohol, polysorbate 60, isopropyl myristate and purified water.  
 The white cream comes in a tube containing 7.5g or 15g. Not all pack sizes may be marketed.  
 Marketing Authorisation Holder: Scholl's Wellness Company Ltd 2 Arlington Square, Downshire Way, Berkshire, RG12 1WA, UK.  
 Manufactured by Laboratorios Liconsa, S.A. Poligono Industrial Miralcampo. Avda. Miralcampo, 7 19200 Azuqueca de Henares- Guadalajara, Espana  
 This leaflet was last approved in March 2022

3202868  
 Packaging No. 11872767  
 740092

**MATERIAL FARMA CODE**

**CUSTOMER INFO**  
 Minimum Point Size =6.00pt

**RB Artwork and Print Specification**

Trident Reference No:	RB509451
ZEN Ref:	<b>TR2420141</b>
Action:	<b>B</b>
Brand:	Scholl - Mass
Category:	Fungus Virus World
Segment Group:	Athletes Foot
Segment:	Advances Athletes Foot Cream
Pack Size:	15 g
Market/Country:	UK
Date:	22/04/2022
RBH Contact:	Alan Smith

**Artwork Type: BW Commercial**

Component Code (2D if applicable):	<b>3202868</b>
2 <sup>nd</sup> Component Code (if applicable):	<b>N/A</b>
Parent Technical Packaging Specification:	D8380884
Finished Goods Code:	<b>3071666</b>
Supply Point:	3P Chemo
3rd Party Code:	740092
Pharmacoce No/NE:	010010111 (662)
Edgemark Position:	N/A

CAD Cam Ref:	Sch-Lft-D8380884-210x148.5mm
Printer:	Exeltis Ilac San. ve Tic. A.S. (Turkey)
Substrate:	Paper

Technical & Non Printing Items

Dieline	Dieline 2 (if applicable)
Guides	Guides 2 (if applicable)

Colours

	PANTONE 286C
	White



**TRIDENT**

Connaught House, Connaught Road,  
 Kingswood Business Park, Hull, HU7 3AP, England.  
 T: +44 (0) 01482 828100

Please note that any low resolution paper Canon colour copies associated with this job should be referred to for content, layout and colour separation only.

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<b>STUDIO USE ONLY</b>	Soundari Saravanan	<b>v2.0</b>
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**BARCODE INFO**

<b>Barcode Type:</b>	Pharmacoce Standard
<b>Code Value:</b>	662
<b>Magnification:</b>	100 %
<b>Overall Height:</b>	9 mm
<b>Bar Height:</b>	9 mm
<b>BWR Applied:</b>	0 Micrometre

Production line			
Manufacturing site			
Pack Tech approver	1 <sup>st</sup>	2 <sup>nd</sup>	
Date			
Check Criteria	Details Et Comments	Checks	
Approvals		1 <sup>st</sup>	2 <sup>nd</sup>
Market Approval			
Regulatory Approval			
3rd Party Approval			
Technical Drawing/ Cutter ref no. Et PPI component code			
PPI component code number/s correct on artwork?			
PPI component code number/s in correct position on artwork?			
Correct drawing for the production line?			
Profile shape Et dimensions			
Graphics layout/orientation			
Unwind diagram (PPTD1022/1-20)			
Printable areas/bleed			
Varnish free areas			
Variable coding position Et dimensions			
Varnish and print requirements			
Pre-printed headers (alignment and suitability)			
Embossing, Braille Et Foil Blocking			
Separations on artwork			
Alignment within cutter			
Braille structure			
Verification Code Type; Pharma Code / 2D / OCV			
Bar sequence and/or number correct on artwork			
Bar sequence and/or number in correct position on artwork?			
Size (height, width, spacing, font)			
Direction of read			
Light margins and print free areas			
Colour			
Repeat distance (reeled material)			
Cross check related docs ie BOM			
Bar code Type; EAN, ITF, Code39, etc			
Magnification / width and height			
Colour (e.g. black print on white background)			
Light margins Et indicators			
Bearer bars Et H gauges (if required)			
Symbol grade (Pass = A,B,C; Action = D,F)			
Bar code number (human readable)			
Bar code number (encoded Et hidden data)			
Confirm bar code number from source			
Cross check related docs (JDE/PID)			
Photo-electric cell mark / edge marks			
Present Et per Tech drawing?			
Correct pitch?			
Additional markings			
e-mark, recycle logo etc			
Legend box (RB specification)			
Correct component code			
Correct D spec / has cutter changed?			
Correct printer / has printer changed?			
Correct Substrate			
A/W is set up appropriately for this substrate			
Edge mark details			
Pharmacode details			
Colours Et print process			
Varnish			
Barcode information			
General details are correct			
Pass / Fail comments and Signature			
By approving the artwork referenced within this form I authorise it for release to the print supplier			
Additional Comments			

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 ZEN Ref: **TR2420141**  
 Action: **B**  
 Brand: Scholl - Mass  
 Category: Fungus Virus World  
 Segment Group: Athletes Foot  
 Segment: Advances Athletes Foot Cream  
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 Date: 22/04/2022

RBH Contact: Alan Smith

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 Supply Point: 3P Chemo  
 3rd Party Code: 740092  
 Pharmacode No/NE: 010010111 (662)  
 Edgemark Position: N/A

CAD Cam Ref: Sch-Lft-D8380884-210x148.5mm  
 Printer: Exeltis Ilac San. ve Tic. A.S. (Turkey)  
 Substrate: Paper

Technical & Non Printing Items  
 Dieline Dieline 2 (if applicable)  
 Guides Guides 2 (if applicable)

Colours  
 PANTONE 286 C  
 1  
 1/16



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