# Patient Information Leaflet



Coal tar solution 12% w/w salicylic acid 2% w/w sulphur for external use 4% w/w

### Read all of this leaflet carefully before you start using this medicine.

Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist. This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours. If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

### In this leaflet:

- 1. What Sebco is and what it is used for
- 2. Before you use Sebco
- 3. How to use Sebco

- 4. Possible side effects
- 5. How to store Sebco
- 6. Further information

### 1.WHAT SEBCO IS AND WHAT IT IS USED FOR

Sebco is an ointment containing coal tar, salicylic acid and sulphur mixed in coconut oil. The mixture of coal tar, salicylic acid and sulphur reduces itch, helps remove scaly skin and has antiseptic properties. Coconut oil helps the ointment spread easily over the skin, particularly in hairy areas such as the scalp.

Sebco is used in the treatment of skin diseases which cause dry scaly skin on the scalp.

These include psoriasis, eczema, seborrhoeic dermatitis and dandruff.

### 2. BEFORE YOU USE SEBCO

### Do not use Sebco:

- If you know you are allergic to coal tar, salicylic acid, sulphur or any of the ingredients listed in section 6.
- If you have an acute infection of an area of skin. Swelling, pain, redness and maybe pus are signs of this.

Make sure your doctor or pharmacist knows if any of the above affects you.

# Take special care with Sebco:

- Avoid contact with the eyes and any areas of broken skin.
- Coal tar can stain clothes and jewellery. Remove or protect these before application.

### Taking or using other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken or used any other medicines, including medicines obtained without a prescription.

### **Pregnancy and breast feeding**

Ask your doctor or pharmacist for advice before using this, or any other medicine when you are pregnant, think you may be pregnant, are planning to become pregnant, or are breast-feeding. Your doctor will decide whether it is in your best interests to use Sebco in these circumstances.

# **Driving and using machines**

Sebco should not affect your ability to drive or use machinery.

# Important information about some of the ingredients of Sebco

Sebco contains cetostearyl alcohol which may cause a sensitivity rash (eg. contact dermatitis).

# 3. HOW TO USE SEBCO

Sebco is for external use only, ie applied onto the skin.

Follow your doctor's instructions and check the label on how to use your medicine. Your pharmacist will help if you are not sure.

In severe scaly scalp conditions it is usually necessary to apply Sebco daily for 3-7 days until control has been obtained.

With mild scaliness use intermittently as necessary, eg once a week.



[Illustration 1] Pierce the tube membrane by inverting the cap. Affix the scalp applicator to the threaded portion of the tube.



[Illustration 2] Part the hair and apply a thin ribbon of Sebco to the affected areas of the scalp. Take care to avoid contact with the eyes. Gently rub in the ointment and leave in contact with scalp for approximately one hour. Wash the hands immediately afterwards.



[Illustration 3] After one hour remove the ointment by showering or rinsing with warm water. If after the first week there is no improvement or after 4 weeks symptoms persist, consult your doctor. If you accidentally get some into your eyes wash it out immediately with plenty of cold tap water. If irritation of the eyes develops consult your doctor or pharmacist.

Sebco is not recommended for children under 6 years of age.

### If you use more Sebco than you should or if you accidentally swallow some Sebco

If you use more Sebco than you should or if you accidentally swallow some Sebco contact your nearest hospital casualty department or tell your doctor immediately.

# If you forget to use Sebco

If it is within the day, apply when you remember. If it is the next day do not use a double application, just continue as before.

If you have any further questions on the use of this product ask your doctor or pharmacist.

### **4. POSSIBLE SIDE EFFECTS**

Like all medicines Sebco can sometimes cause side effects, although not everybody gets them. The following side effects have been reported:

- · Irritation of the skin
- Inflammation of the hair follicles causing soreness and small pus filled spots around the base of the hairs
- Rarely, a sensitivity rash to sunlight

If any of the side effects become serious, or you notice any side effects not listed in this leaflet, please tell your doctor and ask if you should continue with your medication.

# **5.HOW TO STORE SEBCO**

Keep out of the reach and sight of children. Your ointment could harm them.

Do not use your ointment after the expiry date on the packaging.

Keep your medicine at room temperature, in a dry place, and not above 25°C. Discard tube no later than 4 weeks after opening.

REMEMBER this medicine is for you. Never give it to others. It may harm them even if their symptoms are the same as yours.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **6. FURTHER INFORMATION**

The active ingredients are Coal tar 12% w/w, salicylic acid 2% w/w and precipitated sulphur 4% w/w. The other ingredients are coconut oil, white soft paraffin, cetostearyl alcohol, glycerol, liquid paraffin, polyoxyethylene glycerol monostearate, hard paraffin.

## What Sebco looks like and contents of pack

Sebco is a buff coloured ointment. It is licensed for sale in tubes of 5, 15, 40 and 100 grams. Availability may be limited in some sizes.

### **Marketing authorisation holder**

Derma UK Ltd, ARC Progress, Mill Lane, Stotfold, Bedfordshire SG5 4NY, United Kingdom.

### Manufacturer

Bioglan AB, Malmö, Sweden.

'Sebco' is a registered trademark.

This leaflet was last approved in March 2012

CLIENT / PRODUCT	Derma UK Sebco PIL	SIZE mm MOD	208 x 147 3394derma Sebco pil	PROOF	16/12/11	0/1/12,0	, . ,
BRIEF	JI 16/12/11	PROGS	Illustrator CS4	COLOURS P	MS		Black
PHARMA CODE	-	FONTS	Helvetica Neue 45,55,75			_	
COMPONENT	-	(ITC	BT Franklin Bk, Med, Demi)				
BAR CODE 501256	400-5105 -5112						
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