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The tablets should be swallowed whole with water (about 70 ml per tablet) and **not chewed**.
If you take more Slow Sodium tablets than you should
Tell your doctor straight away or go to the nearest casualty department immediately, taking the tablet container with you.
If you forget to take Slow Sodium tablets
If you miss a dose, take one as soon as you can. If you have missed several doses, tell your doctor.
If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS
No side effects have been reported at the recommended doses.

If you notice any side effects please tell your doctor or pharmacist.
Reporting of side effects
If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE SLOW SODIUM TABLETS
Keep out of the sight and reach of children. Do not use the drug after the date indicated on the carton. Do not store above 30°C. Protect from moisture.
Medicines should not be disposed of via

stewwater or household waste. Ask your pharmacist how to dispose of medicines no longer needed. These measures will help to protect the environment.

6. FURTHER INFORMATION
What Slow Sodium tablets contain
The active substance is sodium chloride. Each tablet contains the equivalent of 600mg of sodium chloride.
The other ingredients are: cetostearyl alcohol, gelatin, magnesium stearate, hypromellose phthalate (E464), hydroxypropyl cellulose (E463), talc and titanium dioxide (E171).
What Slow Sodium tablets looks like and contents of the pack
The tablets are round, white and polished. They are available in containers of 100 tablets.

Marketing Authorisation Holder
HK Pharma Ltd
PO Box 845, BEDFORD, MK45 9EB

Manufacturer
Kymos Pharma Services, S.L.
Ronda de Can Fatjó, 7B
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This medicinal product is authorised in the Member States of the EEA under the following names:
Slow Sodium
This leaflet was last revised in
April 2015
Product Licence Number
PL 16784/0003

Slow Sodium Tablets®
Keep all medicines out of reach of children
Protect from moisture (Store below 30°C)
Each tablet should be swallowed whole with approx. 70ml of water and not chewed

Each tablet contains 600mg sodium chloride
Ph.Eur. equivalent to approx. 10mEq of Na+ (230mg Na) in a sustained release formulation

If you are under the care of your doctor or taking any other medication, consult your doctor or pharmacist before taking this product

Dose. Adults, 4-8 tablets daily, in divided doses, or as directed by a doctor

PL 16784/0003
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PO Box 845
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100 tablets

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PACKAGE LEAFLET: INFORMATION FOR THE USER

SLOW SODIUM TABLETS
Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

- What Slow Sodium tablets are and what they are used for
- Before you take Slow Sodium tablets
- How to take Slow Sodium tablets
- Possible side effects
- How to store Slow Sodium tablets
- Further information

1. WHAT SLOW SODIUM TABLETS ARE AND WHAT THEY ARE USED FOR
Slow Sodium tablets contain the active ingredient sodium chloride (salt) in a special slow-release form. Slow Sodium tablets are used for the treatment and prevention of sodium chloride deficiency.

2. BEFORE YOU TAKE SLOW SODIUM TABLETS
Do not take Slow Sodium tablets if you:

- are allergic (hypersensitive) to any of the ingredients of Slow Sodium tablets (see list of ingredients in Section 6). An allergic reaction may include rash, itching, difficulty breathing or swelling of the face, lips, throat or tongue.
- have fluid retention
- have heart disease
- have heart failure
- have aldosteronism (a condition where too much aldosterone [a hormone] is produced)
- are having treatment to produce salt and water loss, usually if you have fluid retention or heart failure or have high blood pressure.

Take special care with Slow Sodium tablets if you:

- have a condition of the intestines, where narrowing may occur e.g. Crohn's disease, diverticulitis or stricture (band) formation (usually after major abdominal surgery).
- think you may have a problem drinking enough water.

Please tell your doctor if any of the above applies to you.

Taking other medicines
You should tell your doctor if you are taking or have taken any medicines, including those obtained without a prescription. In particular, Slow Sodium may affect drugs (e.g. furosemide, bumetanide, metolazone) used to treat high blood pressure particularly if you also have a kidney disorder.

It may still be all right for you to be given Slow Sodium tablets and your doctor will be able to decide what is suitable for you.

Pregnancy and breast-feeding
Tell your doctor if you are pregnant or breast-feeding and your doctor will decide if it is ok for you to be given Slow Sodium tablets.
Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines
Slow Sodium tablets should have no effect on your ability to drive or use machines.

3. HOW TO TAKE SLOW SODIUM TABLETS
Dosage
Always take Slow Sodium tablets exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.
The usual dose is:
Adults:
To prevent sodium chloride deficiency: 4-8 tablets per day.
For cases of severe salt loss: up to 20 tablets per day may be needed. To control muscle cramps during haemodialysis: (treatment with a kidney machine) 10-16 tablets.
Children:
The dose is adjusted to the child's needs.

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Ph. Eur. equivalent to approx. 10mEq of Na+ (230mg Na) in a sustained release formulation

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