

Souvenaid®



Strawberry and Vanilla flavours

We welcome your comments and feedback. Please contact us on 0845 250 1026 or resourcecentre@nutricia.com.

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Description

Souvenaid is a Food for Special Medical Purposes for the dietary management of early Alzheimer's disease. Souvenaid is a 1kcal/ml, ready to drink, milk based oral nutritional supplement containing vitamins and minerals. Only to be used as a supplement to the normal diet, not suitable as a sole source of nutrition. To be used under medical supervision.

Souvenaid is available in 125ml bottles, in two flavours: strawberry and vanilla.

Indications

For enteral (oral) use only. For the dietary management of early Alzheimer's disease.

Contraindications

Not for parenteral use. Not suitable for patients with galactosaemia.

Precautions

Only to be used as a supplement to the normal diet, not suitable as a sole source of nutrition. Contains ingredients obtained from milk, fish and soy.

Directions for use

Recommended intake 1 bottle (125ml) once a day, in addition to normal food. Souvenaid is best served chilled. Shake well before opening.

Storage

Store in a dry, cool place (5-25°C). Once opened, close the bottle and store in a refrigerator. Discard unused contents after 24 hours.

Shelf life

12 months. Best before date: see side of bottle.

Ingredients (Strawberry flavour*)

Water, maltodextrin, sugar, fish oil, milk proteins, flavouring (strawberry), uridine 5'-monophosphate disodium salt, choline chloride, acidity regulator (citric acid), stabilisers (microcrystalline cellulose and sodium carboxymethylcellulose), potassium citrate, soy lecithin, calcium hydroxide, sodium L-ascorbate, DL- α tocopheryl acetate, colour (carminic acid), magnesium hydroxide, potassium hydroxide, sodium chloride, sodium selenite, ferrous lactate, sodium citrate, pteroylmonoglutamic acid, cyanocobalamin, zinc sulphate, retinyl acetate, nicotinamide, pyridoxine hydrochloride, copper gluconate, manganese sulphate, chromium chloride, calcium D-pantothenate, D-biotin, cholecalciferol, thiamin hydrochloride, sodium molybdate, riboflavin, potassium iodide, phytomenadione.

* For vanilla flavour see individual packaging.

SOUVENAID IS GLUTEN AND LACTOSE FREE

	UNIT	per 100ml	per 125ml
Energy:	kcal	100	125
	kJ	420	525
Protein:	g	3.0	3.8
nitrogen	g	0.5	0.6
% of total energy	%	12	12
Carbohydrate:	g	13.2	16.5
sugars	g	6.4	8.0
- lactose	g	<0.025	0.03
polysaccharides	g	6.2	7.8
% of total energy	%	52	52
Fat:	g	3.9	4.9
saturates	g	1.3	1.6
- EPA†	mg	240	300
- DHA†	mg	960	1200
% of total energy	%	36	36
Dietary fibre:	%	0	0
Minerals:			
sodium	mg (mmol)	100 (4.3)	125 (5.4)
potassium	mg (mmol)	150 (3.8)	188 (4.8)
chloride	mg (mmol)	125 (3.5)	156 (4.4)
calcium	mg (mmol)	80 (2.0)	100 (2.5)
phosphorus	mg (mmol)	70 (2.3)	88 (2.8)
phosphate	mg (mmol)	217 (2.3)	270 (2.8)
magnesium	mg (mmol)	20 (0.8)	25 (1.0)
iron	mg	1.6	2.0
zinc	mg	1.2	1.5
copper	µg	180	225
manganese	mg	0.33	0.41
fluoride	mg	0	0
molybdenum	µg	10	13
selenium	µg	48	60
chromium	µg	6.7	8.4
iodine	µg	13	16
Vitamins:			
vitamin A	µg RE	160	200
vitamin D	µg	0.70	0.88
vitamin E	mg α -TE	32	40
vitamin K	µg	5.3	6.6
thiamin	mg	0.15	0.19
riboflavin	mg	0.16	0.2
niacin	mg NE	1.8	2.3
pantothenic acid	mg	0.53	0.66
vitamin B ₆	mg	0.80	1.0
folic acid	µg	320	400
vitamin B ₁₂	µg	2.4	3
biotin	µg	4.0	5
vitamin C	mg	64	80
Others:			
UMP†	mg	500	625
choline	mg	320	400
osmolality	mOsm/l	490	490
osmolality	mOsm/kg H ₂ O	580	580
potential renal solute load	mOsm/l	311	311

† EPA: eicosapentaenoic acid, DHA: docosahexaenoic acid, UMP: uridine-5'-monophosphate