

VitajouleTM

Description

A food for special medical purposes

Vitajoule is a neutral-tasting carbohydrate powder supplement. It can be added to a wide variety of food and drink to enhance the energy content with minimal effect on taste, volume and texture.

Indications

Vitajoule is for use in the dietary management of disease related malnutrition, malabsorption states, other conditions requiring fortification with energy and as a carbohydrate source in modular feeds.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

1 scoop weighs approximately 10g of Vitajoule and provides approximately 40kcal.

Nutritional Information

		Per 100g	Per 10g (1 scoop)
Energy	kJ	1590	159
	kcal	380	38
Protein	g	0	0
Carbohydrate of which sugars	g	95	9.5
	g	9	0.9
Fat	g	0	0
Fibre	g	0	0
Minerals			
Sodium	mg	20	2
	mmol	0.9	0.1
Potassium	mg	30	3
	mmol	0.8	0.1
Chloride	mg	40	4
	mmol	1.1	0.1

Preparation Guidelines

Sprinkle Vitajoule onto hot or cold food or drink. Stir well with a fork until the powder has dissolved. Add 1 - 2 scoops per serving.

Serving suggestion for Vitajoule are available on request.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from birth.

Not for use as a sole source of nutrition.

Not for intravenous use.

Use with caution in Diabetes mellitus

Osmolality

10% (10g in a final volume of 100ml) = 110 mosm/kg

20% (20g in a final volume of 100ml) = 255 mosm/kg

30% (30g in a final volume of 100ml) = 440 mosm/kg

Storage

Store in a cool, dry place.

Once tub is opened use within one month

Shelf Life

24 months

Pack Sizes / Weight

500g e tub

2.5kg e tub

25kg e tub

